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Food, Page 1C

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VOLUME 21, NUMBER 19

WEDNESDAY, MARCH 5, 1997

FIFTY CENTS

Cruse, Partney criticize Selph

By Bob Slate
Staff writer

Two critics of Mayor Ron Selph say he has not done enough to advance the city's economy and taken too much credit for the accomplishments of others.

Selph, elected four years ago, is running for re-election on his record of accomplishments, including an economic atmosphere that has led to more than \$150 million invested by industry over the last four years and the lowest unemployment rate in the city in 30 years.

Former Mayor Von Dee Cruse and mayoral candidate David Partney both said this week that Selph has failed to continue the eight years of progress Cruse's administration began, and that Selph is too quick to take credit for work done by others.

"Unfortunately, we have seen eight years of fast-paced progress slowed to a crawl and quite often running in reverse," Cruse said. "This is both disappointing and alarming."



Cruse



Partney

Cruse cited developments such as the car dealerships, Wal-Mart and Northgate Industrial Park on Illinois 3, downtown redevelopment, annexation of the Granite City Steel blast furnace, formation of tax increment finance districts, neighborhood improvement projects and major road improvements under his administration from 1985 to 1993.

"At no time did I, as mayor, believe the progress we experienced during those eight years was to my credit," Partney said.

(See CRUSE, Page 9A)

Partney: cut development post

By Bob Slate
Staff writer

Mayoral candidate David Partney says he will do away with the job of economic development director, if elected.

"There is no need for a separate office and the expenditure of large sums of money to staff a separate facility for that function," Partney said Monday. "If elected, I will actively seek to (prevent) flight from the city ... and will promote economic development by use of the mayor's

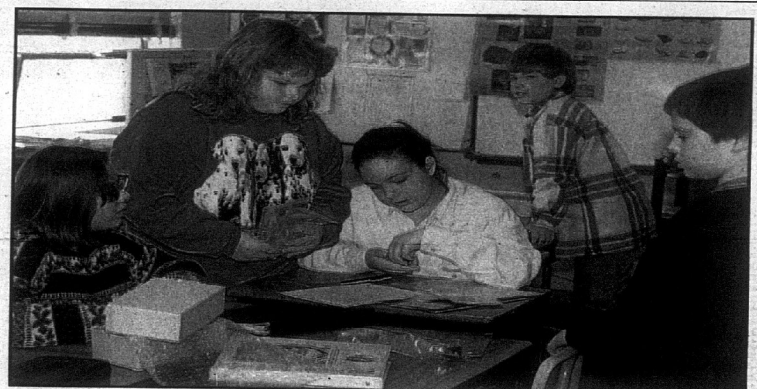
office itself."

But current Economic Development Director Dan Brown said the position is vital to the city's future.

"Whether I hold the position or someone else does, the position is vital to the city's future," Brown said. "There are 15,000 economic development agencies throughout the United States competing for business and industry. Without this office, we can't compete."

Partney said the office has been used as a political tool.

(See PARTNEY, Page 9A)



JOHN FRESE

Frohardt School fifth grade students, from left, Sabra Tanksley, Kandace Kosydr, Shannon Mueller, Joel Cionko and Nick Murphy compare artifacts and information on archaeological sites at Kampsville to the material they have been studying on early native American peoples.

History meets technology

By Bob Slate
Staff writer

If you can't take the students to the archaeological dig, bring the dig to the students.

That's exactly what happened at Frohardt Elementary School last week, thanks to a grant from the Illinois State Board of Education. The grant program provides \$12,000 for the project, plus

computers, digital cameras, a modem, and software to connect students with an Illinois museum. Frohardt is one of just 25 schools statewide to be selected for the program.

"The grant matches schools and museums so that they can develop on-line, interactive curriculum projects that utilize the unique resources and capabilities of Illinois museums," said Dr. Goni

Michaloff, grant writer for the school district. "Through the use of technology and telecommunications, learning is extended beyond the four walls of the classroom, allowing students access to the wealth of history, artifacts and fine art in Illinois' museums."

Through the use of the acquired computer equipment, students at

(See HISTORY, Page 2A)

Flood threat lessens

Residents up and down the rivers are breathing more easily now that the floodwaters are receding.

In fact, operators of businesses in Grafton are getting the best of two worlds: The river is high enough to attract water gawkers but not high enough to cover the roads leading through town.

"Business has been great," said Joyce Senger, a waitress at the Fin Inn Restaurant. Anne VanWinkle, a front desk agent at Pere Marquette Lodge, said business has also been brisk at the lodge, even though water is covering the harbor and picnic area.

"It's not over the road," Senger said. "A lot of people were driving up the Great River Road to watch American bald eagles soar above the bluffs. A

(See FLOOD, Page 6A)

Norton submits plan for facility

'Dirty merf' would recover recyclables

WOOD RIVER — An Ohio-based company that has operated a mixed-waste recycling facility since 1983 filed initial documents Friday to build a similar plant in the city.

Norton Environmental will need approval from city and state environmental officials before construction can begin on a \$10 million "dirty merf" in the city's Lewis and Clark EnviroTech Business Park near the intersection of Illinois 3 and Illinois 143.

The proposed plant is designed to recover recyclables from unsorted waste and process landscape waste for 20 years.

The site application is the first in a string of regulatory and permitting steps the company must meet to occupy the site, including specific criteria that prove it meets a need and protects the public health and environmental considerations.

The city's siting ordinance also requires the company to document past operating experience.

The proposed plant is designed to recover recyclables from unsorted waste and process landscape waste for 20 years.

City officials will meet March 17 when Mayor Lon Smith is expected to appoint a Pollution Control Board, set the date of the required public hearing, and hire a hearing officer and legal and environmental authorities.

Three members of the City Council will be named to the board, which must render a sitting decision within six months.

In application documents, Norton

(See MERF, Page 6A)

'Sound Off' will debut next week

The Suburban Journals always have been about local people, events and issues, and we're introducing a new feature to share our readers' opinions on all three.

The feature, "Sound Off," will debut in next Wednesday's issue of the Journal. Starting today, readers can call our Sound Off line and leave a recorded message on a topic of local interest for publication.

Readers can express themselves on anything from a school bond issue to a proposed zoning change. You can offer kudos to a public official for a job well done or concern about the way an issue is being handled by your community leaders.

We will publish, as space allows, those comments that are suitable for publication. This includes criticism about the way public officials are handling their jobs, but not personal attacks.

To express your opinion, call 344-2340 and leave a recorded message. The line is accessible anytime, day or night.

If you are talking about a particular town, school board or government agency, please be specific. And while you don't have to give your name, it is helpful to mention the town from which you are calling. Readers from several Journal newspapers will be leaving their comments at this number, and this will help get your comment into the proper paper.

In the Journal

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5 Forecast
John Fuller, Meteorologist, KSDK NewsChannel 5

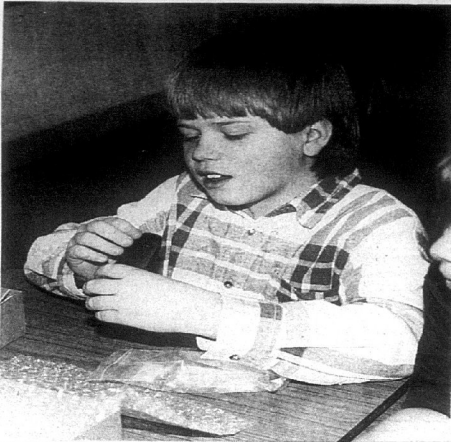
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NEWS



Joel Cionko inspects a ground stone tool. Ground stone was a later innovation than chipped stone, thus dating his site more recently than those investigated by some of his classmates.



Danielle Thebeau and Alyson Streid look over some of their group's artifacts.

(Staff photos by JOHN FRESE)

•History

(Continued from Page 1A)

Frohardt are getting an opportunity to better understand prehistoric civilizations.

Last week, more than 60 fifth grade students at Frohardt participated in a "Museum in the Classroom" project, studying prehistoric occupation in the lower Illinois Valley during the late Woodland and Mississippian periods.

Archaeologists from the Center for American Archeology came to the school, bringing with them slides, artifacts and an interesting story to tell.

An overview of archaeological methods was presented along with slides. Students then broke up into smaller groups to study hunting methods, tools, farming, cooking, homes, clothing, mound building or other topics.

In May, six Frohardt students visiting the CAA in Kampsville will be given the opportunity to digitally photograph artifacts for use on their own web page, to take part in a simulated archaeological dig and to examine artifacts. All 60 students participating in the program will be required to write a report on their findings.

"Students will be required to research their selected topic in several ways," said fifth grade teacher Nanci Marti, who organized the project along with fellow fifth grade teacher Teresa Meador. "They must do some research from the Internet, some from books and other print media, and some from discussions with the archaeologists from the CAA."

"Technology is just a tool — not the focus of the project."



Above, Whitney Ruebhausen, Jessica Ray, Ashley Gilman, Leo Ryan and Lindsay Johnson, left to right, inspect



Fifth grader Anthony Kenard sorts through index cards listing the location and condition of finds at the site, including the stone tool he holds.

their kit of artifacts and information while archaeologist Kristen Runyon instructs them in the exercise. At right, Shannon Mueller, front, reads a description of the site where the chipped stone spearpoint she holds was found. Behind her Sabra Tanksley discusses the artifacts with her group.



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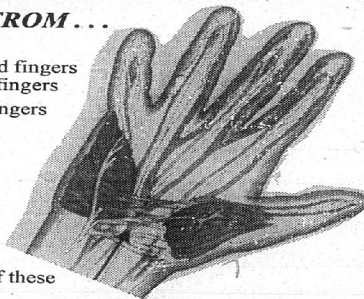
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Couple upset over action on new house

By Michelle Duell
Staff writer

A couple who paid \$82,000 for a house in Pontoon Beach can't move into it permanently because the home apparently violates the village building code.

Jim Parker Sr., the father of the home buyer, told the village board last week that the couple were unaware when they purchased the house at 112 Chouteau Traceway that it failed to meet a code requiring a complete foundation be laid under it.

Parker Sr. is the father of Jim Parker Jr., a school teacher, who with his fiancée — now his wife — recently purchased the home.

Parker asked that the village board do something to rectify the situation.

"They paid \$82,000 for a house they can't live in," Parker said.

Parker Jr. and his wife bought the property from Bart Mercer of Pontoon Beach, who had it constructed four years ago, then put an addition on, Parker Sr. said.

At issue is the addition itself, which was built early last year without a reinforcing foundation. The rest of the structure has a foundation under it.

Board members listened to Parker, but made no comment.

"I'd be willing to talk to anyone about it who wants to listen," Parker said.

One of the village's building inspectors, Bob Barthelmy, said the couple had been given a temporary permit allowing them to live in the house and that they had moved into it. A telephone operator also verified the couple's phone number as being at the address of the home.

"They were supposed to move into the house last Monday," Barthelmy said Wednesday.

"What it all boiled down to," Barthelmy said, "is the house sold so quick, he (Mercer)

'What it all boiled down to' is the house sold so quick, he (Mercer) didn't have time to do everything he needed to do (to meet specifications).'

— Bob Barthelmy
Building Inspector

didn't have time to do everything he needed to do (to meet specifications)."

The village Board of Trustees told Mercer to do the necessary repairs to make the house meet building code specifications as soon as possible.

"It can be up to \$500 a day per violation," Barthelmy said.

In other business, the village board tabled a variance request to put a doublewide

The board also granted a business license to

Phyllis E. Walker, 4145 Highway 111, who said she will be selling live bait from her home.

The village board then recessed until 7 p.m. Wednesday, at which time they went ahead

and granted the variance request for the doublewide manufactured home with the foundation that it be put on a permanent

foundation.



(Staff photo by JOHN FRESSE)

Pictured are John Mefford, left, as Matthew Harrison Brady arguing the case with Henry Drummond, played by George Cochran, right, in front of the judge, played by Fr. Bill Davis, center.

'Inherit the Wind' slated for this weekend at Summerstage

Summerstage's next production will be "Inherit the Wind," a dramatized version of the trial of the century — the so-called Scopes monkey trial.

Performances will be Friday through Sunday, March 7-9, at 7:30 p.m. at the Summerstage Playhouse at 2906 Pershing in Granite City.

The trial debated whether teacher

Benjamin Cates, played by John Miller, could

teach Charles Darwin's theory of evolution in

his classroom in a small Tennessee town. Two

of the greatest legal minds of the 20th

century, Henry Drummond and Matthew

Harrison Brady, argued the case, which some

said was to determine the freedom to think

for the nation.

The production stars John Mefford, who

portrays Brady, and George Cochran, playing

Drummond. Fr. Bill Davis plays the judge.

Also featured in the cast are Morgan

Scroggins as the mayor of Hillsboro and his

wife, Virginia Scroggins, as the defendant

Cates' girlfriend, Rachel Brown. Nick Drago

plays the columnist/critic E. K. Hornbech,

Chuck Hill is the Hillsboro prosecutor

David Wright, Jenny Passig, Ron Blatz,

Alexandria Batios, Abel Silva, Jennifer

Lindsay, Rogers Mefford, Gary Seitz, Rev

Scroggins, Jack Moenster, Lori Silva, Albert

Supp and Ryan Moenster round out the cast.

The production is directed by Beverly

Scroggins, assisted by Kiki Supp.

For tickets or more information call

Beverly Scroggins at 451-1032.

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Two Children: Danielle, Joseph
School: Mercy High School 1977
Church: Armenian Apostolic Church
Hobbies: Weight Lifting, Reading, Performing Arts

BUSINESS EXPERIENCE:

- President and Organizer of a Non for Profit Organization for kids - 2 years.
- Owner and Operated a Health Club - 6 years.
- Vice President of Titan Contractors, Inc. - 3 years.
- Employed over 432 Union Laborers and 107,550 man hours work within the last three years.
- Member of Labor Local 110 A.F.L.-C.I.O. - 19 years.

POLITICAL EXPERIENCE:

- On the Board of Appeals
- Member of the Mayors Youth Committee
- Auxiliary Police Officer
- 1984 work with Congressman Jerry Costello on obtaining funds from the Crime Bill for recreation program for youngsters.
- 1993 Mayoral Candidate
- 1993 Campaign Organizer
- 1993 Attended the IL Municipal League Meeting in Springfield to support Bill 74 Tax Surcharge Money, which prevented the loss of \$481,000 in revenue in 1993 for Granite City.
- March 1993 Municipal League and the Senate Revenue Committee had a hearing for Bill 74. I filled out a form to testify for Granite City which entered into the committee record.

ACCOMPLISHMENTS:

- In 1996 landed a role in the Andrew Lloyd Webber's "Jesus Christ Superstar" at the Muny.
- In 1995 landed a role in Rogers and Hammerstein musical "The King and I" at the Muny.
- In 1984 and 1993 host and produced "The Hard Body Show" on Cencom Cable
- In 1992 worked with TV star Fred "Rerun" Berry on project cleanup urging kids to stay off drugs, supported by Madison County Sheriff Bob Churchich.
- In 1992 worked with the fourth annual peer leadership workshop for high school students encouraging them to set goals in their lives.
- In 1991 organized the first Mr. Ms. Granite City Body Building Show.
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NEWS

World Day of Prayer is Friday

The 110th annual World Day of Prayer, an international ecumenical worship service, will be celebrated in our community on Friday, March 7, at City Temple, 4751 Maryville Road. The celebration is sponsored by Church Women United. Registration is at 12:30 with the program beginning at 1 p.m.

Written annually by Christian women from one of the 170 participating countries, the 1997 World Day of Prayer program was prepared by South Korean women on the theme, "Like a Seed Which Grows Into a Tree."

The worship is built on parables of Jesus Christ referring to seeds: the tiny mustard seed that grows into a large shrub and the ability of a seed to grow and increase depending on the kind of soil it falls upon. Responses sung in the Korean language are included in the service.

Chairwomen for the event are Mrs. Loretta Hopkins and Mrs. Betty Epperson, both from City Temple. Refreshments will be served following the service. An offering will be taken that will be used to give grants for projects in Korea. Korean Church Women United was formed in 1997 and now has 1.5 million members from eight denominations. All women and men from the community are invited to attend this celebration.

Senior menus

Donations for noon meals are \$2. Call a day ahead for reservations, 877-4373.

Wednesday, March 5
Chicken and dumplings, tossed salad, sliced carrots, wheat bread, peach slices.

Thursday, March 6
BBO boneless rib, potato salad, spinach, wheat bread, marble cake.

Friday, March 7
Cheesy tuna and noodles, Brussels sprouts, apple juice, wheat bread, tropical fruit.

Monday, March 10
Mushroom steak, whipped potatoes, Italian vegetables, wheat bread, orange sherbet.

Tuesday, March 11
Beef ravioli in tomato sauce, tossed salad, green beans, wheat bread, sliced pears.

Citizenship classes set

Belleville Area College is offering free citizenship classes this spring at four additional sites in the college district to help prepare foreign-born adults for the naturalization process.

Students will study American history and American government to prepare for the citizenship exam.

Collinsville - Class will be offered from 6:45 - 9 p.m., Wednesdays, from March 5 through April 2, at Collinsville High School, 200 S. Morrison.

Granite City - Class will be offered from 9 - 11:50 a.m., Mondays and Wednesdays, from May 12 to June 2, at BAC's Granite City Campus, 4950 Maryville Road.

Programs and Services for Older Persons - Class will be offered from 9 - 11:50 a.m., Tuesdays and Thursdays, from June 3 - 19, at the PPOP Multi-Purpose Center, 201 N. Church St., Belleville.

For more information, contact Mary Mueller at 235-2700, extension 363, or toll-free in Illinois at 1-800-BAC-5131, extension 363.

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NEWS

Argosy waiting on poker

ALTON — Argosy Gaming Co. officials are waiting to see new state gaming rules before showing their hand of poker on the Alton Belle Casino.

Gamblers can flock to Illinois riverboats to play poker as soon as gambling boats impose new internal controls for poker games, the Illinois Gaming Board ruled Feb. 25.

"We're interested in dealing poker, but we want to see the new rules before we bring poker games to the Belle," said G. Dan Marshall, director of investor relations at the Alton-based Argosy.

Space for poker games is critical on gambling boats, Marshall said. "It takes much more space for seven- and 10-player poker tables than blackjack tables."

Poker lovers already play on Argosy boats near Kansas City, Baton Rouge, La., and Sioux City, Iowa, Marshall said.

"Five card stud and seven card draw poker are popular with players at our gaming boat near Kansas City."

The Hollywood Casino at Aurora asked state gaming officials to make the change to allow poker games on Illinois riverboats.

Hollywood Casino spokesman Alan Rosenzweig said it would take the company about 90 days to be ready to deal poker cards to players.

Oratorical Contest set for March 15

The Optimist Club of Granite City is proud to announce the annual Optimist International Oratorical Contest for local youth younger than 16. This year's contest is scheduled for 2 p.m. March 15 at the Nameo United Methodist Church, 1900 Pontoon Road.

This contest is conducted annually by the local Optimist Club as well as Optimist Clubs all over the world. The official topic of this year's contest is "My Vision of Tomorrow's World."

Contestants must speak on the subject between four to five minutes. Scoring is based on personal qualities, material organization, delivery, presentation and overall effectiveness.

First, second- and third-place winners will be awarded a medallion. In addition, the first-place winner will be eligible for further competition in zone and district competitions, with the top prize being a \$1,500 scholarship for college.

The Optimist International Foundations of the United States and Canada award more than \$150,000 annually in scholarships to contest winners.

Optimist International is one of the world's largest and most active youth service organizations with more than 150,000 members in more than 4,000 Optimist Clubs in the United States, Canada, Jamaica and other countries.

Carrying the motto "Friend of Youth," Optimist Clubs conduct service projects which reach five million young people each year.

For more information on the contest, please write: Forbes Professional Health Center, Dr. Brian and Laney Forbes, 3190 Maryville Road, Granite City, IL, 62040, or call (618) 797-2225.

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Flood

(Continued from Page 1A)

few more visited Sunday to watch the water. The National Weather Service reported only 0.12 inch of rain fell Saturday, and little is expected this week.

"It looks kind of dry over the next few days," meteorologist Greg Lewis said.

The Illinois and Mississippi rivers at Grafton reached 23.7 feet Sunday and were expected to fall to the flood stage of 18 feet Wednesday.

The river at Melvin Price Locks and Dam at Alton reached 26.5 feet Sunday and is expected to fall to flood stage of 21 feet by Wednesday.

It will be partly cloudy today with a high of 50 degrees. Tuesday, it will be variably cloudy with a 30 per cent chance of light rain and a high in the high 50s.

"Hopefully, the rivers will go under flood stage and stay there for at least a month," Lewis said.

— From The Telegraph

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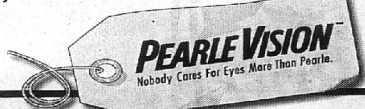
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Cruse

(Continued from Page 1A)

alone," Cruse said. "It was emphatically a team effort between the mayor, city council and mayor's staff."

Selph's campaign literature mentions completion of the re-opening of American Steel, restoring 800 jobs, and creation of a TIF district for National Steel to pave the way for a new \$67 million Galvalume line, creating 250 jobs and preserving 3,200 more.

Cruse said the negotiations for the re-opening of American Steel were the result of efforts by his administration and the city council.

"The last phase did take place after the election of 1993 but the plans were in place to complete the re-opening and expansion regardless of who won the mayoral election of 1993," Cruse said.

Selph said he was involved in the final negotiations with American Steel, resulting in a guaranteed fourfold increase in the number of jobs there.

"We negotiated a minimum manpower of 400 jobs for American Steel to continue to receive TIF benefits," Selph said. "Prior to those negotiations, the number was 100."

Selph also said the company agreed to take applications at the plant rather than making

Merf

(Continued from Page 1A)

estimated the company's proposed plant can cut curbside recycling costs by 12 percent to 15 percent and add 70 new jobs to the economy. It can handle 400 tons of recyclables per day.

Norton Vice President Louis Perez said the company has signed contracts with Alton and Granite City to use the plant, representing 25 percent of the county's population.

— From The Telegraph

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3 charged in robbery, chase

By Kimberly Haas
Staff writer

Three suspects have been charged with the armed robbery of a Fairview Heights office supply store after leading police on a chase last week.

The chase ended with the suspects' apprehension at a St. Louis County apartment complex.

Robert O. Dinkins, 17, and Gregory Davis, 24, both of St. Louis, and Ernest L. Williams, 26, of Florissant were each charged with three counts of armed robbery by the Fairview Heights Police Department Tuesday, said Fairview Police Capt. Mike King. No bond has been set.

In St. Louis County, the three suspects are being

charged with eight counts of robbery in the first degree and eight counts of armed criminal action, said St. Louis County Police Sgt. William Ostendorf of the Crimes Against Persons Division.

The suspects are also being charged with resisting arrest, Ostendorf said.

The suspects are currently being held in St. Louis County on \$15,000 bond each.

Both Dinkins and Williams will also be charged for their alleged involvement in a Jan. 21 robbery at Office Depot, 2855 Dunn Road, in St. Louis, Ostendorf said. Equipment and

cash were taken during the robbery, he said.

King said if the suspects are found guilty, they will serve time in Missouri before serving any sentence in Illinois because charges were filed by Missouri officials first.

During the Office Max robbery, two of the three suspects entered the store shortly after 7 a.m. One of the suspects was carrying a sawed-off shotgun. Employees told police the suspects had been seen sitting in the store's parking lot before the robbery.

The suspects retrieved an undetermined amount of mon-

ey from the store's cash register and safe, along with three fax machines and a central computer processing unit. Fairview Heights Police pursued the suspects' car west on Interstate 64, east on Interstate 70, north on Interstate 265, and west on Interstate 270, before the suspects fled the vehicle on Bellefontaine Road in St. Louis County.

One suspect was later found hiding under a truck in the Sierra Vista Apartments' parking lot. The remaining suspects were found hiding in the apartment's crawl space.

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Nursing school open house

The Barnes College of Nursing at the University of Missouri-St. Louis will hold an informational meeting for prospective students from 2-4 p.m. Sunday, March 9, at the Seton Center located on the UM-St. Louis South Campus at 8001 Natural Bridge Road, St. Louis.

Barnes College of Nursing at UM-St. Louis offers a fully accredited degree program, bachelor's degree through doctorate, and master's degree programs as well. Barnes College staff will be available to discuss financial aid and housing, as well as career opportunities in nursing.

The open house is being held to allow members of the community who may be interested in a nursing career to see what Barnes College of Nursing has to offer.

The college is affiliated with the BJC Health System, and BJC hospitals and clinics serve as clinical sites for Barnes students.

Transfer, completion and master's degree students are encouraged to bring their unofficial transcripts or grade cards for a preliminary evaluation by an advisor. For more information, call (314) 516-7081.

A few more pre-spring
Gardening Tips
from the experts at

FRANK'S
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Where Beautiful Things Begin

When the snow's gone, and you're hoping it won't return for a while, the urge to get out in the yard can be a little overwhelming at times. But we must caution you to hold off for a little longer. That is, if your lawn isn't ready for the traffic.

How can you tell? Easy. Provided there isn't a layer of snow covering it, take a stroll across it and back. See if you leave any footprints. If there's a telltale set of prints describing your every overdo it by applying too much pressure on the turf at first. After all, it's just starting to wake up from its long winter nap.

If you get a little rough, you could dislodge clumps of turf. But not all's lost. If you do, just replace them. Tamp them down to make them firm and level.

When you're finished, we have a suggestion before you start pulling out the trash bags. Start a compost pile. You'll have enough to get one going, since some of the stuff in that big pile of junk isn't really junk. Sort out the real trash and cram it in the bag. The organic material left over from the raking job can be put to good use in a compost pile. We'll have tips on compost piles coming up shortly.

As for the big pile of trash left over, your snow shovel makes a great dustpan!

If and when you encounter a bald spot (on the lawn, that is), don't

rush into patching it just yet. Wait until the soil is workable, and the grass has started to grow. Then you can safely plant grass seed in the bare spots.

You shouldn't apply fertilizer before the grass begins growing, either. As you may remember, Frank's 4-season lawn care program commences around Easter, and that's late March this year. So hold off for a little while, it's not too far away.

The awakening of everything may also uncover some other surprises. Ugly, straggly branches on some trees show up pretty good now, with no leaves to hide them. They can safely be pruned if you don't like the looks of them. It not only will improve their appearance, but it'll keep them manageable and will maintain their natural growth habits.

You can prune grape vines, fruit and shade trees (except birches and maples), roses, evergreens and summer-flowering shrubs. Pruning hedges will improve their shape and thicken growth. Wait until spring-flowering shrubs have bloomed before beginning any pruning.

If planting trees and shrubs is part of your agenda this year, plant during cool weather when the ground thaws enough to dig.

So that's about it for now. March and April will bring a flurry of gardening activities, and we'll be there with tips.

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FAMILY

SIUE dean's list announced

Southern Illinois University at Edwardsville has announced the names of students qualifying for the dean's list for the 1996 fall semester.

To qualify for the dean's list, a student must maintain a grade-point average 3.5 or

better and have 12 calculated (B is equivalent to 3.0; 1 to 4.0).

The following students, by town, are as follows:

GRANITE CITY: Stacie L. Ahlers, Erica R. Alsop, Amy J. Austin, Ann-Marie Boyd, Tiffany M. Boyd, Carrie

A. Boyer, Charles A. Bukovac, Jamie E. Carney, Wendy N. Chamberlain, Randy M. Chapman, Meredith H. Chomko, Jennifer A. Connolly, Timothy W. Cozine, Lisa A. Doolen, Dana M. Dresch, Denise M. Dutko, Leslie A. Elfenstein, Stacie R. Foreman-Miller, Judith A. Gresco, Kelly L. Gutierrez, Julia C. Helling, William T. Herman, Jennifer L. Jaklich, Vicki L. Justice, Karen S. Keenan, Michelle C. Knox, Amy L. Lamm, Suzanne E. Lerch, Michael J. Lipchik, Charles P. Loftus, Jeffrey A. Logsdon, Patricia A. Mance, Lisa M. Mendoza, Patricia A. Meyer, Chad M. Miner, Mary K. Mitchell, Kimberly A. Modraic, Regina C. Mouton, Keith A. Nussbaum, Timothy E. Ozanich, Lisa M. Pearson, Jeffrey S. Podraza, Rebecca A. Pryor, Ann C. Pupillo, Ricky A. Roberts Jr., Karen L. Robertson, James W. Rogers, Heather S. Sander, Ted A. Schatz, Melissa R. Schwallier, Scott D. Simon, Alicia R. Skirball, Michael B. Spoor, Jason E. Stroud, Gregory L. Taylor, Jamie L. Thompson, Kevin P. Tiernan, Timothy S. Vaughan, Channa C. Weckman, Crystal A. Whittenburg, Elsie W. Willard, Jennifer E. Wojtowicz, Patricia A. York.

MADISON: Mia P. Cass, Joseph J. Gajowski III.
PONTIAC BEACH: Michael R. Wilkins.
VENICE: Tiffany B. Grinnett.

BPW has two scholarships

Again this year, the Granite City Business and Professional Women's organization has available two scholarships for women who are interested in furthering their career or education.

The Verna Lengyel Scholarship is offered to a BPW member who wishes to further her education in the field of her choice and shows financial need. She must also agree to remain a member of BPW for two years. A scholarship with a maximum of \$1,000 will be awarded.

The Granite City BPW Scholarship is available to any full- or part-time working woman. Applicants for this scholarship are not required to be a BPW member but must reside in the local area, i.e., Granite City, Madison, Venice, Ponton Beach or Mitchell. A scholarship with a maximum value of \$1,000 will be awarded.

Applicants for either award must submit a resume to include the following:

- ✓ Name of the scholarship for which she is applying;
- ✓ Name of the college or university where enrolled, including the name, address, and phone number of the admissions director. Funds are sent directly to the school;
- ✓ Social security number;
- ✓ Career objectives and goals, including how the scholarship will facilitate attainment of these goals;
- ✓ Name and address of current and previous employers, including dates of employment;
- ✓ Letters of reference from three persons unrelated to the applicant;
- ✓ A current financial statement.

Additionally, applicants must be enrolled in a program that will result in a degree or certificate of completion at the end of her studies and must be acquiring marketable skills that can yield economic security.

The applicant must enter the work force after receipt of her degree or certificate.

She must be available for a personal interview with the Scholarship Committee.

Please submit application no later than April 15, 1997, to Joy McClard, 104 Pleasant Ridge, Edwardsville, Ill., 62025.

If there are any questions, please call Joy McClard at 656-9597, Liz Briggs at 931-3940 or Jennifer Smith at 481-9536.

The awards will be presented at the May 17 GCBPW Dinner.

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Notice of Appreciation
In Memory of
BEA SHAFFER
2-22 / 2-11-97
Gerald E. Shaffer and family would like to thank everyone for all the love, support and comfort that we received during the loss of our wonderful wife, mother & grandmother. We appreciate all of your thoughts and prayers.
Gerald E. Shaffer & Family



Officers — New officers of Steelworkers of America Retirees (S.O.A.R.) for 1997 are: seated from left, Jim Kelehan, coordinator; Jack Greer, president; Dolores Robinson, secretary/treasurer; and standing from left, Carl Dortch, trustee; Bob Marcus, trustee; Bud Dortch, trustee; and Russell Robinson, vice president.

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- Feeling that something bad is going to happen
- Excessive worry

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Wynnewood, PA/ PRNewswire/ A gold recycling firm here has opened a dental branch to accept and buy gold teeth through the mail.

"It's like found money" says Marketing Director Richard Zakroff. "People just send it in and are happy to get something for it."

A sophisticated system separates the gold from dental debris. People should ask the dentist for scrap back when work is performed.

"With a gold tooth fetching between \$5 and \$20 (depending on the amount of gold used in its original construction) the dollars add up," he says.

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Staff and wire reports

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Obituaries

Alberta Burton

Alberta Mae (Thomas) Burton, 71, of Granite City died at 8:45 p.m. Monday, March 3, 1987, at St. Elizabeth Medical Center in Granite City. She was born Nov. 4, 1915, in Granite City and had been a lifetime resident.

Mrs. Burton was a member of First Baptist Church in Granite City and of the Moose Lodge 1348 in Wood River. Survivors include her husband, Leroy Burton; five daughters, Carolyn Nibbit of Waterloo, Brenda Timpe of Godfrey, Rita White of Granite City, Mary Nibbit of St. Louis and Ruth Retting of Florida; four sons, Alfred and Jerry Burton, both of Granite City; James Burton of Texas and William Burton of Dover, Tenn.; 18 grandchildren and four great-grandchildren. She was preceded in death by her parents, Alfred and Hettie Thomas. Arrangements are pending at Mercer Mortuary, 1418 Niedringhaus, Granite City, 670-4321.

Robert Macke

Robert W. Macke, 63, of Granite City died Saturday, March 1, 1987, at St. Louis University Medical Center. He was born Nov. 29, 1923, in Tillet, Mo.

Macke worked on the Mississippi River for 35 years and had been employed by Pan-American Airways as a pilot since 1966. He was one of four crew members aboard the Maroon Broom when it crashed and sank at 1:35 p.m. Saturday on the Illinois side of the Mississippi River half a mile south of the Poplar Street Bridge.

A U.S. Army veteran, he was a member of Concordia Lutheran Church in Granite City and Elks Lodge 2602 in Jackson, Mo. City. Survivors include his wife, Madonna (Parker) Macke, who married him June 10, 1946; one daughter, Michelle Lynn Stiermer of Glen Carbon; two sons, William Jason and Michael Gene Margrave both of Granite City; two brothers, Elmer and Clarence, Mo., and Ernest Macke of St. Louis; and four grandchildren.

He was preceded in death by his parents, William and Freda (Beaster) Macke; one son, James Macke; two brothers, Rudolph, Arnold and Clarence Macke; and two sisters, Virginia and Esther.

Visitation will be from 4 to 8 p.m. today, Wednesday, at Irwin Chapel, 3900 Mayville Road, Granite City. Services are scheduled for 11 a.m. Thursday, at Irwin's Mayville Road Chapel with the Rev. Michael Hart officiating. Burial will be in Sunset Hill Memorial Estates in Glen Carbon.

Arrangements are suggested to the American Lung Association of Concordia Lutheran Church in Granite City.

Evelyn Hoy

Evelyn Leu (Hoy), 88, of Richmond, Va., formerly of Granite City, died at 3:30 p.m. Friday, Feb. 28, 1987, at Retreat Hospital in Richmond, Va. She was born Aug. 11, 1910, in Madison.

Survivors include one daughter, Pat Labadie of Richmond, Va.; two sisters, Anna Lee Seck of Edinburg, Va., and Sarah M. Fanning of Glen Carbon; four grandchildren and one great-grandchild.

Partney

(Continued from Page 1A)

"The present administration has used the office of economic development to eliminate the candidate who came close to winning the last election for mayor," Partney said, a reference to Brown's second place finish in the city mayoral race four years ago. "That argument caused another candidate for mayor in this election to announce at that moment he was running for mayor because he did not get the appointment."

Current mayoral candidates Paul Ray Bowler and Dewey Melton both expressed interest in the job two years ago before Mayor Ron Selph appointed Brown to the post. Brown said his record in the office speaks for itself, and added that he would gladly compare it to Partney's business record.

"I know I am proud that in the short term I have been here we've been able to attract the largest Walgreen store in the Metro East and we're in the process of a tax incentive finance area that will ensure meaningful jobs for our children well into the 21st century," Brown said. "I think these records hold up well against the records made by these statements, who's record includes little but business failure and bankruptcy."

To The Ash Family
"You Are Special"
Thank you for the most generous gift of \$10,500 in memory of Clara B. Ash, a life long resident of Granite City. The memorial gift will cover the remaining mortgage and roof repair to our facility, which assisted over 8,000 individuals in 1996.
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She was preceded in death by her first husband, Robert C. Leu, who died November 1975; her second husband, Abraham Hoy, who died August 1960; her parents, Marion and Nancy (Patton) Ratter; three brothers and two sisters.

Visitation will begin at 11 a.m. with services at 1 p.m. today, Wednesday, March 5, at Irwin Chapel, 3900 Mayville Road, Granite City. Burial will be in Sunset Hill Memorial Estates in Glen Carbon.

Evan Evans

Evan D. Evans, 61, of Granite City died at 8:34 p.m. Friday, Feb. 28, 1987, in St. Louis of a sudden illness. He was born Oct. 21, 1925, in Worden City for the past 50 years.

Mrs. Evans was employed for the past 31 years as a printer for the St. Louis Post-Dispatch. He was a member of the Typographical Typewriters Union and the Assembly of God.

Survivors include two daughters, Brenda Baxter of Madison and Sandra Spiroff of Fort Riley, Kan.; one son, Ricky Evans of St. Charles, Mo.; his mother and stepfather, Edna (Smith) and Robert Rainey of Greenville; two sons, Eddy Brown and Larry Bailey, both of St. Louis; and one daughter, Phyllis Willis of Hazelwood, Mo., and nine grandchildren.

He was preceded in death by his father, the Rev. Melvin Evans, who died in 1981; and his sister, Nancy Evans, who died in 1981.

Services were held Tuesday, March 4, at Irwin Chapel, 3900 Mayville Road, Granite City, with the Rev. Eddy Brown officiating. Burial was in Hazel Dell Cemetery in Greenville.

A. Elencos

Alexandra (Kochopoulos) Elencos, 94, of Granite City died at 7:28 p.m. Sunday, March 2, 1987, at Collinville Medical Center in Collinville. She was born Jan. 10, 1903, in Breznitz, Greece.

Mrs. Elencos was a homemaker and member of Holy Trinity Bulgarian Orthodox Church in Madison.

Survivors include one son, George Elencos of Greece; one daughter, Tina Canfor of Collinville; one sister, Maria Elencos of Bulgaria; eight grandchildren and one great-grandchild.

He was preceded in death by her husband, Todor Elencos, who died in 1972; two sons, Vasil and Zlate Elencos; and one sister, Fana Djamo.

Services were held Tuesday, March 4, at Holy Trinity Bulgarian Eastern Orthodox Church, 1300 Grand Ave., Madison, with the Very Rev. Peter Stamboliev officiating. Burial was in Sunset Hill Memorial Estates in Glen Carbon.

Emil Kudelka

Emil Kudelka, 80, of Granite City died at 6:00 a.m. Saturday, March 1, 1987, at his residence. He was born July 20, 1916, in Granite City.

Mr. Kudelka was a member of St. Mary's Catholic Church in Granite City since 1940 from of service in the hot strip division. He was a member of Ponton Baptist Church and former member of Senior Citizens Bowling League, A.A.R.P. and Shrine Club.

Survivors include his wife, Anna (Tanashe) Kudelka, whom he married April 17, 1938, in Granite City; two daughters, Patricia A. Briggs of Granite City and Barbara J. Rhodes of St. Peters, Mo.; and one brother, Joseph Kudelka of Florissant, Mo.

He was preceded in death by his sons, George and one brother, Joseph Kudelka; and one brother, Eddy (Tofan) Kudelka.

Services were held Tuesday, March 4, at Ponton Baptist Church, 4000 Ponton Road, Ponton Beach, with the Rev. Alan Redman officiating. Burial was in Sunset Hill Memorial Estates in Granite City.

Arrangements were handled by Thomas Mortuary, 2205 Ponton Road, Granite City.

Memorials are suggested to Hospice of Madison County or Ponton Baptist Church.

Mary Charlton

Mary L. (Jackson) Charlton, 91, of Granite City died at 8:55 a.m. Friday, Feb. 28, 1987, at Colonial Care Center in Charleston, Mo.

Mrs. Charlton, a former confectionery owner, was a member of Suburban Baptist Church and the Baptist Women's Association.

Survivors include one daughter, Mae Dean Lloyd of Granite City; three sons, Edward Charlton of California, David Charlton of St. Louis and James Charlton, who died in 1973; and her parents, James and Grace Charlton, who died in 1973.

Services were held Monday at Suburban Baptist Church, 2900 St. Clair, Granite City, with the Rev. Ron Zankus officiating. Burial was in St. John Cemetery.

Anne Shumway

Anne E. (Fox) Shumway, 94, of Madison died at 9 p.m. Friday, Feb. 28, at Madison County Nursing Home in Edwardsville. She was born Aug. 31, 1902, in Madison.

Shumway was formerly employed at St. Elizabeth Medical Center in Granite City as a licensed practical nurse. She was a member of First Presbyterian Church in Madison.

Survivors include two nieces, Milt Scholt of Newburgh, Ind., and Jean Rze of Evansville, Ind.

She was preceded in death by her husband, Carlos L. Shumway, whom she married in 1921; and her parents, Robert J. and Loreta (Melton) Fox, both of Madison.

Services were held Monday, March 3, at Mater Funeral Home, 210 N. Kansas, Edwardsville, with the Rev. Jan Williams officiating. Burial was in Sunset Hill Memorial Estates in Glen Carbon.

Arrangements were handled by Jan Williams, officiating. Burial was in Sunset Hill Memorial Estates in Glen Carbon.

Memorials are suggested to Hospice of Madison County or Ponton Baptist Church.

Julia Lang

Julia H. (Horvath) Lang, 85, of Madison died at 5:15 p.m. Friday, Feb. 28, 1987, at St. Elizabeth Medical Center in Granite City. She was born May 20, 1906, in Madison.

Mrs. Lang was a homemaker and member of St. Mary's Catholic Church in Madison. St. Anne's After Society and Daughters of Isabella.

Survivors include one daughter, Juliann M. Dittich of Granite City; nine grandchildren and seven great-grandchildren.

She was preceded in death by her husband, Joseph Lang, whom she married Nov. 20, 1925, in Venice and who died Oct. 19, 1984; her parents, and one brother, William Horvath.

Services were held Monday, March 3, at St. Mary's Catholic Church, 1010 N. 17th St., Madison, with the Rev. Jim Keefner officiating. Burial was in Calvary Cemetery, Glen Carbon.

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Survivors include his wife, Anna (Tanashe) Kudelka, whom he married April 17, 1938, in Granite City; two daughters, Patricia A. Briggs of Granite City and Barbara J. Rhodes of St. Peters, Mo.; and one brother, Joseph Kudelka of Florissant, Mo.

He was preceded in death by his sons, George and one brother, Joseph Kudelka; and one brother, Eddy (Tofan) Kudelka.

Services were held Tuesday, March 4, at Ponton Baptist Church, 4000 Ponton Road, Ponton Beach, with the Rev. Alan Redman officiating. Burial was in Sunset Hill Memorial Estates in Granite City.

Arrangements were handled by Thomas Mortuary, 2205 Ponton Road, Granite City.

Memorials are suggested to Hospice of Madison County or Ponton Baptist Church.

Arrangements were handled by Thomas Mortuary, 2205 Ponton Road, Granite City.

John Craig

John D. Craig, 65, of Frankfort, Ky., formerly of Granite City, died at 5:55 p.m. Friday, Feb. 28, 1987, at Franklin Manor Nursing Home in Frankfort, Ky. He was born Dec. 18, 1901, in Sebree, Ky.

Mr. Craig was a self-employed auto salesman, retiring at age 65. He was a member of Third Baptist Church in Granite City.

Survivors include one son, James Craig of Kimberling City, Mo.; three daughters, Jeannette Foster of Rockridge, Mo., Deloyce Maples of Granite City and Peggy Cains of Lawrenceburg, Mo.; and one sister, Bea Spencer of Robards, Ky.; 11 grandchildren and 22 great-grandchildren.

He was preceded in death by his wife, Lula (Boyle) Craig, whom he married April 12, 1924; his parents, Elijah and Ida (Quinn) Craig; and one great-grandchild.

Services were held Monday, March 3, at Irwin Chapel, 3900 Mayville Road, Granite City, with the Rev. Chris Cripps officiating. Burial was in Sunset Hill Memorial Estates in Glen Carbon.

Memorials are suggested to Hospice of Madison County or Granite City, 26th and Grand, Granite City.

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Vearl Gibson

Vearl Eugene Gibson, 38, of Cottage Hills died at 4:12 p.m. Saturday, March 3, 1987, at his residence. He was born April 22, 1948, in Coldwater, Mo.

Mr. Gibson was a self-employed carpenter.

Survivors include his wife, Renee (Pauley) Gibson; six sons, Eugene Gibson of Florence, Jeremy Clendy of Pearl, and Carl, DeWayne, Kenny and Willie Pauley, all of Cottage Hills; and three daughters, Jennifer and Laura Pauley, both of Cottage Hills, and Jeani Rose of South Roxas; six brothers, Bobby Gibson of Walsleyville, Jerry Gibson of Mount Olive, Ervin and Allen Gibson, both of Collinsville, Jerry Gibson of Moline and Marty Gibson of Hannibal, Mo.; seven sisters, Leona Gibson Taylor and Norma Gibson of Hannibal, Mo., Betty Stevens of Hannibal, Mo., Darlene Gibson of Gary, Ind., and Connie Stults of Florence; and one grandchild.

He was preceded in death by his parents, Jesse Jr. and Margaret (Barnes) Gibson; three brothers, Norris Franklin and Garner and Earl Gibson; and two sisters, Flossie and Shirley Gibson.

Services are scheduled for 11 a.m. today, Wednesday, at H. Kasey Funeral Home, 515 Vandallia, Collinsville. Burial will be in St. John Cemetery in Collinsville.

Josephine Fudge

Josephine B. (Blum) Fudge, 79, of Collinsville died at 4:37 p.m. Friday, Feb. 28, 1987, at St. Elizabeth Medical Center in Granite City. She was born Sept. 15, 1917, in Glenville, Mo.

Mrs. Fudge was a homemaker.

Survivors include two daughters, Mary Mims of Collinsville and Edna Kampmann of Hama; five sons, Arthur Fudge Jr. of Belleville, Lester Fudge of Jerseyville, and Michael Fudge both of Collinsville; and numerous grandchildren, great-grandchildren and great-great-grandchildren.

She was preceded in death by her husband, Arthur E. Fudge, who died in 1964; and her parents, Mathias and Elizabeth (Wiederbender) Blum.

Services were held Tuesday, March 4, at Herbert A. Kasey Funeral Home, 515 Vandallia, Collinsville, with the Rev. Jenkins officiating. Burial was in Calvary Cemetery, St. Louis.

Memorials are suggested to St. Elizabeth Medical Center, 2100 Madison Avenue, Granite City, 62040.

John Kubik

John A. Kubik, 67, of Belleville, formerly of East St. Louis, died at 6:25 a.m. Sunday, March 2, 1987, at Eastern Haven Nursing Center in Swansea, Ill. He was born April 27, 1909, in East St. Louis.

Mr. Kubik, a retired machine operator for Oben Nester Glass Co., was a resident of the Meredith Memorial Home in Belleville.

Survivors include one son, Richard Kindel of Granite City; one sister, Louise Gunn of Madison; three grandsons and two great-grandchildren.

She was preceded in death by her husband, Leonard Kindel, who died in 1978; her parents, John and Catharine (Zawroski) Makowski; and two sisters, Josephine Kozielek and Sula Denczuk.

Services were Monday at Irwin Chapel, 3900 Mayville Road, with the Rev. Charles Pile officiating. Burial was in St. Peter & Paul Cemetery, Collinsville.

Arrangements were handled by Mercer Mortuary, 1418 Niedringhaus, Granite City.

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- Irritability, poor concentration

Clinical Research Associates of Edwardsville

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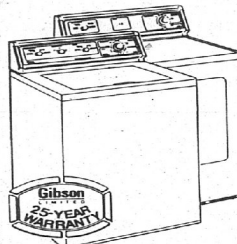
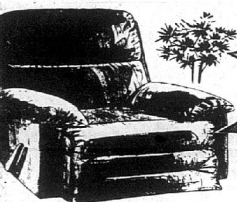
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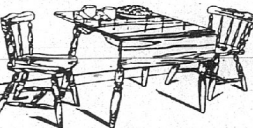
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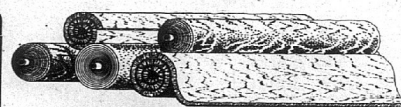


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Wednesday

ports

March 5, 1997—Granite City Journal—Page 18



Journal names Team of the Week
Page 35



Aurora Wabonsie Valley edges young Warrior squad

Coach upset with tourney effort

By Patrick C. Heston
Staff writer

By 1:30 Saturday afternoon, there were four sad coaches at the IBSA dual team Wrestling State Tournament at Huff Gym in Champaign. But none may have been more frustrated than Granite City coach Mike Garland, whose squad lost a 23-22 decision to Aurora Wabonsie Valley.

From Garland's perspective, it was a match the Warriors should have won.

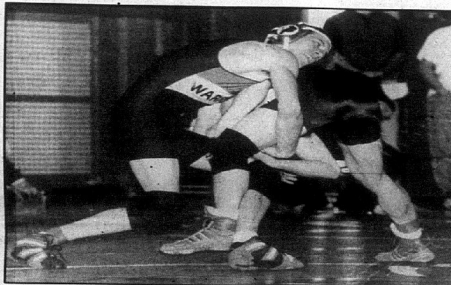
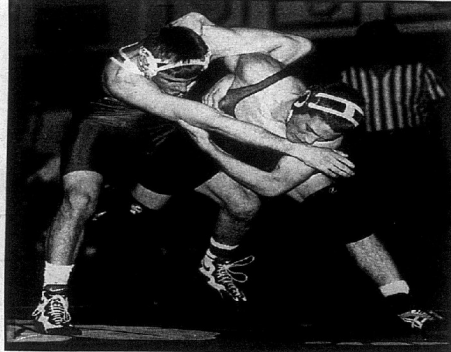
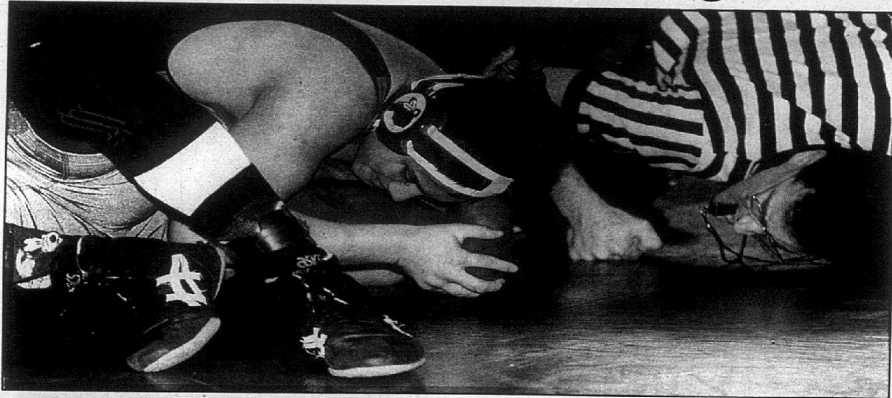
"I chewed their butts out," said Garland of his post-game comments to his GCHS wrestlers. "We had three kids go to their backs in the third period. That's absolutely ridiculous. The bottom line is that it doesn't matter how well you wrestle, you can't go to your back, especially in the third period. You cannot let that happen. There's no excuse for that."

"That's just a matter of guts and heart. But we had four guys get taken down with less than five seconds left. When you've worked on situations like that all season, there's no excuse for letting it happen."

The Warriors jumped to a sudden 13-0 lead after four matches, needing to pick up one win in the middle weight classes to put the meet out of reach. They could never do it. They lost seven straight matches (125-160) before George Kirgan scored a win over Ryan Langille. But by then, it was a case of too little too late.

"I was proud of a lot of our guys," Garland said. "But there were three or four kids who really let this team down. And what is inexcusable is the way they let the team down."

Garland knew coming into the quarterfinals that his Warriors stood a good chance of winning the 103-, 112-, 119-, 171-, 185- and heavyweight classes. "From 125 to 160, all we needed to do was win one (See WAIT, Page 48)



Clockwise, from top left, George Kirgan, top, scored a win; while Matt Werner, left, and Jonas Janek, right, wrestled well early, then dropped their matches.

Grapplers give up lead, lose 23-22

By Patrick C. Heston
Staff writer

Some among the Granite City contingent making the trip to Champaign for the Dual Team Wrestling State Tournament may have been happy with the Warriors simply making it to state with such a young squad. But coach Mike Garland was not one of them.

Following his team's 23-22 first-round loss to Aurora Wabonsie Valley, Garland said, "I'm sick and tired of coming up here and getting beat. I can wrestle and get beat and live with it. But not this way. I'm sick and tired of coming up here and giving matches away."

The Warriors looked impressive early.

Nick Campbell (275 pounds) broke open a close match in the third period against Wabonsie Valley's Brett Schneider to claim an 8-4 victory and stake the Warriors to a quick 13-0 lead.

Gary Oxford (103) won the most dramatic match of Saturday morning when he scored a reverse with only two seconds left in period three to take Brett Baumgardner into overtime. Oxford then scored a takedown at 2:23 of the extra session, and GCHS was up 6-0.

Adame Dumavant (112) and Mike Glover (119) completely dominated their respective opponents. Dumavant overpowered Bill Zigmans 10-0, while Glover easily handled Brian Welmer 7-0.

The two wins gave the Warriors a surprising 13-0 edge, and many among the 5,100 spectators sensed an upset in the making.

Enter Chris Rodriguez, Wabonsie Valley's premier wrestler. Rodriguez had his way with John Kelly in the 125-pound match, winning on a technical fall at the 4:22 mark. The win drew coach Tom Rossano's crew to within 13-5.

Greg Salsman, a seldom-used senior, scored a win in the 155-pound match. (See UPSET, Page 48)

Milestone man Margenthaler could be big money-maker

By Patrick C. Heston
Staff writer

Just what is it with Southern Illinois University Edwardsville men's basketball coach Jack Margenthaler and free throws anyway?

I saw Margenthaler play high school ball in 1960 when he was a standout performer for Pinckneyville. As I remember, he was quite a free-throw shooter himself in those days.

But what amazes me is how often Margenthaler makes the news when somebody else is hitting free throws.

This past week, Paul Cluxton of Northern Kentucky hit an NCAA Division II record 75th consecutive free throw in one season. Quite an amazing feat. But what's it got to do with Margenthaler? Well, you see, Jack just happened to be the coach of the team NK was playing when Cluxton set the mark. The Norse beat SIUE 101-96.

By itself that fact doesn't mean much. But consider some lesser-known facts.

Nine years ago, Margenthaler was coach at Western Illinois University when his son, Matt, a senior at Macomb High School, established a new Illinois state record with 52 consecutive free throws.

And four years before that, one of Margenthaler's players at Western, Joe Dykstra, sank 64 straight free throws for a new NCAA Division I mark. The record still stands.



Patrick Heston

It is, perhaps, a strange twist of fate that Margenthaler always seems to be in the gym when a new consecutive free-throw level is reached. It's more than a coincidence, I think. In fact, it might be a way for Margenthaler to make some extra money on the side.

I missed my chance several years ago.

The first state basketball tournament I ever attended was in 1958. Chicago Marshall won state with a 30-0 record. I next attended in 1961. Collinsville breezed to a 32-0 season and a state title. I couldn't attend again until 1970, the year LaGrange (Lyons) won state unbeaten. My next tournament was 1972 when I watched the greatest high school basketball team ever to play the game, 33-0 Dolton Thornridge. My next chance to go came in 1978. Lockport won state unbeaten. For a period of more than 20 years, no undefeated team won a state championship without me in the stands.

If I failed to show, a team (See PAT, Page 48)



Venice's Marcus Allen drives to the basket in a game against Madison. Despite playing great, the Red Devils lost the contest 68-58.

Coaches predict sectional title for 22-6 Madison

By Patrick C. Heston
Staff writer

The Class A boys basketball sectional at Vandallia kicked off Tuesday night with the top-seeded Madison Trojans taking on the red-hot Greenville Comets.

Tonight's game pits the little-known Farina South Central against surprising Vandallia. The two winners clash Friday night for a state tournament berth and a trip to the Charleston supersectional.

Madison (22-6) is definitely on its game, losing only a close game to Alton since Jan. 25. The Trojans topped arch rival Venice 68-58 for the Weslin regional title despite the fact that the Red Devils were playing their best ball of the season.

Madison is led by 6-0 junior guard Maurice Baker, a bona fide all-state candidate. But the Trojans are far from a one-man team. Demond Simms (6-2), Clifford Burris (6-1), Brandon McGirt (6-4), Tywansley Patten (6-4) and Alvin Valentine (6-6) all rotate in and out of the starting line-up for coach Al Collins and provide the squad with exceptional offensive balance. It makes it tough to defend Madison; when one player is stopped, another steps up.

The other three sectional coaches are in agreement with Greenville's George Grubbs that "the only thing that can stop Madison from winning the sectional is if they fail to handle the ball well."

— George Grubbs
Greenville coach

The Comets had gone 30 years without a regional title but have now won two in a row under Grubbs' leadership. Standing 20-9 on the year, Greenville last lost on Jan. 31 when they dropped a tight decision to sixth-ranked Shelbyville. Two weeks ago, the Comets traveled to Shelbyville where they shocked the Rams 61-60. "Right now, we're playing as well as we can," Grubbs said.

Leading the way is Tony Atchison, a 6-0 junior guard averaging 18.5 points and 5.5 assists. (See MADISON, Page 28)

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SPORTS

Journal Writers' Poll Boys Basketball

LARGE SCHOOLS	
1. DeSmet (26-2).....	68
2. Belleville East (22-3).....	63
3. CBC (24-4).....	54
4. Vashon (22-2).....	49
5. Lafayette (24-4).....	42
6. Riverview Gardens (19-7).....	35
7. Edwardsville (21-4).....	19
8. Francis Howell (19-8).....	11
9. Pattonville (22-6).....	11
10. Parkway Central (21-5).....	11
SMALL SCHOOLS	
1. Madison (22-5).....	70
2. John Burroughs (19-3).....	61
3. Columbia (21-6).....	54
4. DuBourg (22-4).....	46
5. South County Tech (23-1).....	28
6. Festus (20-6).....	26
7. Jennings (15-12).....	22
8. Venice (19-10).....	15
9. MICDS (19-10).....	15
10. Freeburg (17-10).....	13

Journal Writers' Poll Girls Basketball

LARGE SCHOOLS	
1. Gateway Tech (24-0).....	70
2. Pattonville (23-3).....	59
3. Troy (24-3).....	55
4. Belleville East (26-4).....	44
5. Francis Howell N. (23-4).....	41
6. St. Joseph's (19-7).....	36
7. Parkway South (20-6).....	25
8. Cor Jesu (18-11).....	14
9. McCluer (19-7).....	10
10. (tie) Merix Hall (19-9).....	8
10. (tie) Lincoln (19-6).....	8
SMALL SCHOOLS	
1. Rosary (27-1).....	70
2. Incarnate Word (24-5).....	61
3. John Burroughs (20-3).....	56
4. Eureka (22-5).....	47
5. Wellston (18-4).....	46
6. Windsor (21-4).....	30
7. Lutheran-St. Charles (19-5).....	28
8. Principia (17-7).....	17
9. Visitation (14-11).....	15
10. Lutheran South (17-10).....	7

Journal Writers' Poll Wrestling

WRESTLING End rankings	
Team (Last week's rank)	Votes
1. St. Charles West (1).....	70
2. Francis Howell (2).....	59
3. Granite City (3).....	57
4. Oakville (4).....	50
5. Fox (5).....	38
6. Francis Howell North (6).....	28
7. Lindbergh (7).....	26
8. Fort Zumwalt North (8).....	22
9. Hazelwood Central (9).....	12
10. McCluer (10).....	9

IHSA postseason

BASKETBALL CLASS AA BOYS

Collinsville Sectional	
Tuesday, March 4	
Game 1: Belleville East (1) vs. East St. Louis (9), 7:30 p.m.	
Game 2: Chatham Glenwood (4) vs. Jerseyville (13), 7:30 p.m.	
Game 4: Granite City (5) vs. Cahokia (12), 7:30 p.m.	
Wednesday, March 5	
Game 5: Edwardsville (2) vs. Taylorville (15), 7:30 p.m.	
Game 6: East St. Louis Lincoln (7) vs. Civic Memorial (10), 7:30 p.m.	
Game 7: Alton (3) vs. Waterloo (14), 7:30 p.m.	
Game 8: Jacksonville (6) vs. Collinsville (11), 7:30 p.m.	
Friday, March 7	
Game 9: Belleville East vs. Game 2 winner, 7:30 p.m.	
Game 10: Game 3 winner vs. Game 4 winner, 7:30 p.m.	
Game 11: Game 5 winner vs. Game 6 winner, 7:30 p.m.	
Game 12: Game 7 winner vs. Game 8 winner, 7:30 p.m.	
Tuesday, March 11	
Game 13: Game 9 winner vs. Game 10 winner, 7:30 p.m.	
Game 14: Game 11 winner vs. Game 12 winner, 7:30 p.m.	
Thursday, March 14	
Game 15: Game 13 winner vs. Game 14 winner, 7:30 p.m.	
Carbondale Super-Sectional	
Tuesday, March 18	
Game 1: Collinsville Sectional winner vs. Salem Sectional winner, 7:30 p.m.	
State tournament	
Friday, March 21	
At Carver Arena, Peoria Civic Center	
Game 1: Evanston Super-Sectional winner vs. Moline Super-Sectional winner, 12:15 p.m.	
Game 2: Carbondale Super-Sectional winner vs. DeKalb Super-Sectional winner, 1:45 p.m.	
Game 3: Aurora East Super-Sectional winner vs. Hinsdale Super-Sectional winner, 6:45 p.m.	
Game 4: Chicago Public League winner vs. Normal Super-Sectional winner, 8:15 p.m.	
Saturday, March 22	
Game 5: Game 1 winner vs. Game 2 winner, 11:15 a.m.	
Game 6: Game 3 winner vs. Game 4 winner, 12:45 p.m.	
Third place: Game 5 loser vs. Game 6 loser, 6:45 p.m.	
State championship: Game 5 winner vs. Game 6 winner, 8:15 p.m.	
CLASS A BOYS	
Westlin Regional	
Monday, Feb. 24	
Game 1: Madison 92, Lovejoy 63	
Game 2: Alhoff 83, Lebanon 57	

Game 8: Mascoutah (6) vs. O'Fallon (11), 7:30 p.m.	
Friday, March 7	
Game 9: Mt. Vernon vs. Game 2 winner, 7:30 p.m.	
Game 10: Game 3 winner vs. Game 4 winner, 7:30 p.m.	
Game 11: Game 5 winner vs. Game 6 winner, 7:30 p.m.	
Game 12: Game 7 winner vs. Game 8 winner, 7:30 p.m.	
Tuesday, March 11	
Game 13: Game 9 winner vs. Game 10 winner, 7:30 p.m.	
Game 14: Game 11 winner vs. Game 12 winner, 7:30 p.m.	
Thursday, March 14	
Game 15: Game 13 winner vs. Game 14 winner, 7:30 p.m.	
Carbondale Super-Sectional	
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Game 2: Carbondale Super-Sectional winner vs. DeKalb Super-Sectional winner, 1:45 p.m.	
Game 3: Aurora East Super-Sectional winner vs. Hinsdale Super-Sectional winner, 6:45 p.m.	
Game 4: Chicago Public League winner vs. Normal Super-Sectional winner, 8:15 p.m.	
Saturday, March 22	
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Game 6: Game 3 winner vs. Game 4 winner, 12:45 p.m.	
Third place: Game 5 loser vs. Game 6 loser, 6:45 p.m.	
State championship: Game 5 winner vs. Game 6 winner, 8:15 p.m.	
CLASS A BOYS	
Westlin Regional	
Monday, Feb. 24	
Game 1: Madison 92, Lovejoy 63	
Game 2: Alhoff 83, Lebanon 57	

Game 3: Freeburg 52, Westlin 46	
Tuesday, Feb. 25	
Game 4: Venice 90, Dupo 87	
Game 5: Madison 68, Alhoff 46	
Game 6: Venice 72, Freeburg 69	
Friday, Feb. 28	
Title: Madison 68, Venice 58	
Greenview Regional	
Monday, Feb. 24	
Game 1: Greenville 73, Livingston 34	
Game 2: Stanton 55, Roxana 54	
Tuesday, Feb. 25	
Game 3: Alton Marquette 46, Bunker Hill 42	
Game 4: Wood River 43, Metro East Lutheran 39	
Wednesday, Feb. 26	
Game 5: Greenville 64, Stanton 60	
Game 6: Alton Marquette 66, Wood River 49	
Friday, Feb. 28	
Title: Greenville 62, Alton Marquette 46	
Vandalia Sectional	
Tuesday, March 4	
Game 1: Madison vs. Greenville, 7:30 p.m.	
Wednesday, March 5	
Game 2: Fajina South Central vs. Litchfield, 7:30 p.m.	
Friday, March 7	
Championship: Game 1 winner vs. Game 2 winner, 7:30 p.m.	
Charleston Super-Sectional	
Tuesday, March 11	
Olney East Richmond Sectional winner vs. Vandalia Sectional winner, 7:30 p.m.	
Columbia Regional	
Monday, Feb. 24	
Game 1: Red Bud 50, New Athens 47	
Tuesday, Feb. 25	
Game 2: Columbia 85, Marissa 52	
Game 3: Sparta 64, Valmeyer 35	
Wednesday, Feb. 26	
Game 4: Gilaud 44, Red Bud 31	
Game 5: Columbia 55, Sparta 51	
Friday, Feb. 29	
Title: Columbia 55, Gilaud 51	
Nashville Sectional	
Tuesday, March 4	

Game 1: Woodlawn Regional winner vs. Carlyle Regional winner, 7:30 p.m.	
Wednesday, March 5	
Game 2: Trico vs. Columbia, 7:30 p.m.	
Friday, March 7	
Championship: Game 1 winner vs. Game 2 winner, 7:30 p.m.	
Carbondale Super-Sectional	
Tuesday, March 11	
Eldorado Sectional winner vs. Nashville Sectional winner, 7:30 p.m.	
State tournament	
Friday, March 14	
At Carver Arena, Peoria Civic Center	
Game 1: DeKalb Super-Sectional winner vs. Carbondale Super-Sectional winner, 12:15 p.m.	
Game 2: Charleston Super-Sectional winner vs. Normal Super-Sectional winner, 1:45 p.m.	
Game 3: Rock Island Super-Sectional winner vs. Kankakee Super-Sectional winner, 6:45 p.m.	
Game 4: Decatur Super-Sectional winner vs. Macomb Super-Sectional winner, 8:15 p.m.	
Saturday, March 15	
Game 5: Game 1 winner vs. Game 2 winner, 11:15 a.m.	
Game 6: Game 3 winner vs. Game 4 winner, 12:45 p.m.	
Third place: Game 5 loser vs. Game 6 loser, 6:45 p.m.	
State championship: Game 5 winner vs. Game 6 winner, 8:15 p.m.	
CLASS A GIRLS	
Alhoff Regional	
Monday, Feb. 10	
Game 1: Chester 71, Campbell Hill 45	
Game 2: Gibault 60, Freeburg 45	
Wednesday, Feb. 12	
Game 3: Alhoff 60, Chester 46	
Game 4: Gibault 49, Red Bud 40	
Friday, Feb. 14	
Title: Alhoff 58, Gibault 43	
Brees Central Regional	
Monday, Feb. 10	
Game 1: Westlin 51, Sandoval 36	
Game 2: Brees Central 78, Lebanon 43	
Wednesday, Feb. 12	
Game 3: Carlyle 73, Westlin 41	
Game 4: Central 68, Brees Mater Dei 62	

Friday, Feb. 14	
Title: Carlyle 67, Central 45	
Du Quoin Sectional	
Monday, Feb. 17	
Game 1: West Frankfort 56, Alhoff 45	
Game 2: Carlyle 58, Okawville 45	
Thursday, Feb. 20	
Championship: Carlyle 62, West Frankfort 36	
Nashville Super-Sectional	
Monday, Feb. 24	
Carlyle 60, Carmi-White County 46	
Wood River Regional	
Monday, Feb. 10	
Game 1: Metro East Lutheran 49, Wood River 37	
Tuesday, Feb. 11	
Game 2: Roxana 62, Madison 27	
Game 3: Columbia 47, Dupo 34	
Wednesday, Feb. 12	
Game 4: Alton Marquette 56, Metro East Lutheran 42	
Game 5: Roxana 61, Columbia 38	
Thursday, Feb. 13	
Title: Roxana 47, Marquette 46	
Pittsfield Sectional	
Monday, Feb. 17	
Game 1: Roxana 56, Hillsboro 42	
Tuesday, Feb. 18	
Game 2: Pittsfield 52, Gillespie 42	
Thursday, Feb. 20	
Championship: Pittsfield 64, Roxana 41	
Carlinville Super-Sectional	
Monday, Feb. 24	
Pittsfield 58, Quincy Notre Dame 31	
State tournament	
Friday, Feb. 28	
At Redbird Arena	
Game 1: Warsaw 56, Marengo 41	
Game 2: Carlyle 60, Dunlap 50	
Game 3: Sterling Newman 39, Illinois Christian 25	
Game 4: Teutopolis 56, Pittsfield 45	
Saturday, March 1	
Game 5: Carlyle 81, Warsaw 53	
Game 6: Teutopolis 36, Sterling Newman 32	
Third place: Sterling Newman 55, Warsaw 45	
State championship: Carlyle 57, Teutopolis 48	

Madison

(Continued from Page 1B)

ing 19.5 points per game. Acheson, a carbon copy of Maurice Baker, is the team sparkplug both offensively and defensively. Chris Allen (6-2) is the only other starter with a double digit scoring average but Sen Ambuel (6-0), who missed the month of January with a broken hand, can shoot 3-pointers with the best of them. J.J. Edd (6-5) is the tallest starter but is thin-framed, which could mean trouble against Madison's muscle. Farina South Central arrives at Vandalia at an impressive 25-3, the best mark among the four teams. Derek Laur (6-3) is South Central's all-time

career scoring leader and is averaging 17.5 points an outing for the season. Shawn Garrett (6-2) is right behind with 16.8 ppg. The boys of Gary Shirley have a strong bench with six returning lettermen and a 6-7 youngster. "We lost the sectional final to Freeburg last year," said Shirley. "The boys of Gary Shirley have a strong bench with six returning lettermen and a 6-7 youngster. Despite the post-season experience, South Central faces a major obstacle in their lack of quality competition on the year. The best team they faced all year, Patoka, to which they lost twice, was smoked by Madison on Feb. 15 in the Greenville shootout.

The sectional darkhorse is Vandalia, standing 15-14 on the year but with a string of eight wins in succession. Ed Roundtree, who enjoyed a highly successful tenure at North Greene, is in his first year of restoring the Panthers to basketball prominence, something the school hasn't known since the early 1960s. Litchfield's forte is defense.

In the regional, the Panthers held Raymond Lincolnwood to 12 first-half points and Hillsboro to 13. Pivot man Chuck Dively (6-6) boasts a 20 points per game average, second best in the entire Springfield area. He also hits the boards with authority, averaging 11 rebounds each contest. Marty Stewart (6-2) is a

defensive specialist and a strong rebounder, while Chad Laughlin (6-0), Rob Otter (6-0) and 5-7 point guard Corby Hall round out the starting five. Anything can happen once the referee's whistle sounds the sectional tournament into action, especially with Greenville in the mix. But look for Madison to meet Litchfield in the finale on Friday.

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Sports shorts

Youth soccer league
The Gateway East Illinois Youth Soccer League will be accepting applications for the spring season for boys and girls teams U-10 to U-14. For information, call Tom Posenaki at 656-8834 or E-mail SOCER1941@AOL.COM.

Mitchell registration
The Mitchell Athletic Club is taking team registration for its summer recreational league (non-select) in baseball, softball and T-ball.
Boys and girls ages 4-19 are eligible. For more information, call Dave at 931-3690.

Park league sign-ups
The Granite City Park District is now taking registration for boys and girls wanting to play youth baseball, tee-ball or ponytail softball this summer.
The sign-ups are for boys and girls who would like to play in the 1997 summer park leagues but are not currently on a park district team or have never played in the park district leagues.

Boys and girls who will be ages 6-16 may have their name placed on the list. Every effort

will be made to place them on a team.
Boys and girls tee-ball is for ages 6-7, youth baseball is for ages 8-16 and ponytail softball is for ages 8-16.

New teams are formed from the compiled list. Names on the list are also used by managers of existing teams that need to fill their rosters.
Anyone interested in coaching or managing a youth baseball, tee-ball or ponytail softball team may visit the Wilson Park office or call recreation supervisor Ray Hoffman at 877-3059.

"R.J." Krause All-Stars
The "R.J." Krause All-Stars Sports Club of East St. Louis is seeking basketball games and tournaments for boys and girls teams in grades 3-10. The club also needs sports equipment, uniforms, cheerleading outfits, used basketball shoes, sports magazines, books, games or trading cards. For more information, call Krause at 398-1201.

All-star tryouts
The St. Louis International Youth Baseball Association will select an all-star team to play

baseball in Australia in March 1997. The team is open to boys born March 30, 1985, or later.
For more information, call Al Bond at (314) 845-3032.

Softball tournament
The St. Louis Girls Fastpitch Spring Softball Tournament will be held April 18-20 by the Creve Coeur (Mo.) Athletic Association. There is a 4-game guarantee.
The entry fee for age groups 10-18 is \$150. For more information, call Mike (532-3218) or John (527-6994).

GC Soccer Club
The Granite City Soccer Club is holding open registration for boys and girls born between 1983 and 1993 for the upcoming soccer season.

Eagles Registration
The national champion St. Louis Eagles begin their 10th season in 1997. They will have open tryouts March 18-19 at the Webster University Gymnasium for its boys 15-, 16-, and 17-and-under teams. For more information, call Rich Gray (831-5178) or Vince Estrada (773-7455).

Cardinals Team of the Week

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The seventh-grade basketball team at Holy Cross Lutheran School in Collinsville recently won its own invitational tournament. The boys also beat Trinity Lutheran to win the annual January tournament. Front row (from left): Jon Smith, Andy Sidwell, Aaron Marmon and Blake Barnett. Back row: Brandon Hsiao, Nathan Mueller, Thad Sankey and coach Chuck Schlie.

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P205/75SR14	WW	71
P205/75SR15	BLK	55
P205/75SR15	RWL	67
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P185/60R13	39	46	54	59
P185/75R14	41	47	56	63
P185/70R14	—	51	58	63
P195/75R14	43	48	57	64
P195/70R14	—	51	59	65
P205/75R14	45	51	59	65
P205/70R14	—	54	60	66
P215/75R14	—	52	63	71
P205/75R15	46	54	61	68
P205/70R15	—	55	62	71
P215/75R15	47	57	63	72
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P235/75R15	104
LT235/75R15/6	106
LT225/75R16/8	112
LT245/75R16/10	119
LT265/75R16/6	114
LT215/85R16/8	113
LT235/85R16/10	113
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185/60HR14	71	P225/70SR15	68	165SR15	47
195/60HR14	58	P255/70SR15	77	165/70SR12	41
195/60HR15	66	P215/65SR15	66	175/70SR13	43
205/60HR15	71	P215/60SR14	65	185/70SR13	45
215/60HR15	73	P235/60SR15	73	185/70SR14	45
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P215/70R14	WW	95
P205/70R15	WW	95
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P235/75R15/4	71	83	85
LT235/75R15/6	88	103	105
30x9.50R15/6	91	105	106
31x10.50R15/6	96	114	114
33x12.50R15/6	—	133	137
BLACKWALL			
LT215/85R16/8	96	109	—
LT235/85R16/10	99	119	119
LT245/75R16/10	—	120	129
LT245/75R16/6	102	120	125
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9.50R16.5/8	—	124	135

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SPORTS

•Upset

(Continued from Page 1B)

used matman wrestling in place of regular Ryan Baumgardner, then scored an 8-2 win over Granite's Matt Warner after the two had wrestled to a 1-1 stalemate through two periods. The victory in the 130-pound weight class cut the GCHS lead to 13-8.

The team score was 13-11 after Ryan Gault (135) built a big early lead against Ryan Worthen and coasted to a 15-9 decision. And when Rich DiGirolamo came from behind in the third period of the 140-pound match to edge Brooks Narvaez 11-10, Wau-bonsie Valley was suddenly in front 14-13.

Jonas Janek (145) wrestled well early but seemed to tire near the end, losing an 8-3 contest to state qualifier Terry Garbis. David Thompson (152) then fell way behind early and lost to Tony Thomas 9-3.

When Jeremy Williams (160) scored three points in the third period to record a come-from-behind victory over Granite's Ike Newman, Wau-bonsie Valley was in command 23-13 with only two matches remaining.

In a high-scoring match at 171 pounds, George Kirgan scored early and often in an 18-12 win over Ryan Langille. With Granite City on the short end of a 23-16 score, Wau-bonsie Valley forfeited the 189-pound weight class to Kevin Venne. The token victory cut the final margin to 22-22.

Saturday's other first round winners were St. Charles (40-18 over Hersey), New Lenox Providence (26-22 over Moline) and Chicago Marist (40-13 over Chicago Lane). In the semifinals, Providence beat St. Charles 29-21, while Marist edged Wau-bonsie Valley 25-22.

St. Charles claimed third-place honors, while Providence got by Marist 26-20 for the title.

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•Wait

(Continued from Page 1B)

match," he said. "Then Werner went to his back, Narvaez went to his back and Newman went to his back. All we had to do was suck it up and win one match. But those kids wouldn't do it because they were tired or for whatever reason."

"It's a shame because the other kids wrestled their

•Pat

(Continued from Page 1B)

with losses would win, but if I was there, an undefeated titlist was crowned. Five tournaments attended, five undefeated state champs. In 1979, when I started attending every year, I thought seriously about writing Quincy's Jerry Leggett, whose Blue Devils were undefeated and ranked No. 1 at the end of the regular season and offering to show up at the state tournament ... for a minimal fee, of course.

I didn't do it. I should have. I could have been rich. Now I'm a sportswriter.

I hope Margenthaler doesn't make the same mistake.

If he plays his cards right, he could be a wealthy man. He

could sell his services to anybody within reach of a free-throw milestone.

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pen to you.

or three seasons. "I told them to remember what this felt like," said Garland. "They've got to wait a whole year to get in this situation again. I told them that the next time they wanted to sit on their butts and not work hard in practice or in the spring and summer that this is what would happen. They would come up here and get beat."

"Most guys on this team sat

on their butts all spring and summer. You learn mat savvy,

you learn what to do in situations like this in the spring and summer. That's when you learn about matches like this. It's in the spring and summer when state championships are won. It's up to these kids now. They have

to decide how badly they want to come here and win."

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Organizations

Friends of Library

The Friends of the Library held its quarterly meeting at the Branch Library on Wednesday, Jan. 29.

President Pauline Schank, thanked everyone for helping to decorate both libraries for the holidays.

A plaque has been presented to the Friends of the Library by the library staff in appreciation of their support. It is in the Branch Library.

Plans are being made for the annual book sale to be held June 6-7 at the ice rink at Wilson Park. Anyone wishing to donate books should take them to either library.

It was agreed to purchase a cart and dolly to be used at the book sale.

It was unanimous that Lester McKlerman, director, be made an honorary member of Friends.

The general meeting will be held on March 19 at the Branch Library, with election of officers.

Others present were Larry Dellamano, Carol Franklin, Jean Hillman, Curtis Noland, Joan Roberts, Mike Reinhardt and Linda Watson.

Church Women United

Church Women United in the Quad City Area celebrated their 50th year, installed Helen Todoroff to a second year as president of Church Women United at their annual meeting held Jan. 24 at Holy Family Community Center.

Others installed were Millie Clements, vice president, Dorothy Kinney, secretary, Emma Jackson, treasurer, and Louise Caban, 50 church women present representing 18 denominations.

Doris Edwards, Doris Lena Seitzer acted as installing officers in a beautiful candles and angels setting.

All past presidents were honored as those attending were Nan Henderson, Dolores Allen, Winona Czislus, Oia Jones, Lena Seitzer, Dorothy Kinney, Mae Lee, Doris Edwards and Helen Stumpe.

Eva Clements, accompanied by Edna Vaughan, sang "One Day At A Time."

Millie Clements, celebrations chairman, encouraged the members to attend World Day of Prayer set for March 7 at 12:30 p.m. at City Temple.

The first Lenten Luncheon noonday service will begin on Feb. 12 at Nameoki Methodist Church at noon.

Muriel Kraz, chairman for women and children ministry, is collecting towels, cleaning products and personal items for Rhonda Crisale Center and Annabel Patton is requesting donations of layette items for the Layette Project.

Also, talent is being sought from the churches for the Music program this year to be held at Central Christian Church on April 20.

The Church Women United Choir have accepted three invitations to sing at the nursing homes in January, March and April.

A History Table arranged by Mae Lee to celebrate the 50 years of Church Women United. A delicious soup luncheon was provided by the officers and the ladies of Holy Family Catholic Church.

Minerva Women's Club
The Minerva Women's Club held its annual Christmas party Thursday, Dec. 5, at the home of Joyce Toussaint with Marilyn Bodman as

Nameoki Women's Club

The Nameoki Women's Club held its annual Christmas party Dec. 19 at the Central Christian Church with a delicious dinner served by the church group.

The high school singing group entertained with Christmas songs and dances.

Dolores Allen, vice president, conducted a short business session, since Marian Sheffon, president, could not attend.

Polisetta plants were given to Edna Forciniti, Elsie Rodell, Lucille Etheridge, Lisa Fanning, Lu Taber, Dolores Allen as attendance prizes.

Others present were Mildred Branding, Ella Wade, Maxine Mass, Doris Grove, Marian Mertz, Mildred Jungels and one guest, Esther Williams.

Retired office personnel
Retired office personnel of Granite City School District #9 recently held their January meeting at the Cancun Mexican Restaurant in Collinsville.

Those in attendance were Barbara Lerner, Arlene Haldeman, Harriet Mercer, Dorothy Lerner, Marge Burdgo, Marcella Plischer, Frieda Andrews, Millie Chandler, Candy Branding, Ella Wade, Maxine Mass, Heather and Rachel McCutchen, daughter and granddaughters of Lucille and Jessica Pape, Lucille's niece, were guests.

February hostess, Marcella Plischer, is making reservations at Old Peking Chinese Restaurant, Collinsville.

Knights of Columbus
Assembly 0224 of the Knights of Columbus donated \$5,000 to Sister Angelene, principal of Holy Family School and Alicia Poetker of St. Elizabeth School on Dec. 6.

\$500 in donations were also presented to Catholic Charities, Protestant Welfare and Granite City Fair Share Child. These donations were presented by Faithful Navigator James DeRuntz, Ray Sudholt, Ted Katkowski and Gene DeRuntz.

The Fourth Degree Assembly donated \$500 to the Salvation Army, \$1,000 to ABL Pregnancy Center in Granite City, \$1,000 total for the year, and \$250 to Wilson Elementary School for playground equipment for handicapped children.

Council 1098 K of C
Council 1098 Knights of Columbus made Christmas a little happier for 35 children at the children's home in Alton.

Brothers Moran, Haug, Hagnauer, Cauble and Hoffer delivered Christmas stockings and \$25 to each of the children. The expressions and thanks of the children more than repaid each of them.

Council 1098 K of C also held their Christmas party for the children of its members.

The children enjoyed a short movie, hot dogs, cookies, soda and chips.

Santa Claus gave each child a large Christmas stocking filled with goodies. Approximately 100 parents with their children attended the party.

Legion Auxiliary
Venice-Medison Unit 307, American Legion Auxiliary, held its meeting Monday, Feb. 3, at the Post 307 Home in Venice. Joyce Pittenger was hostess for lunch and served 14 members.

Dorothy Hinson, president, conducted the business meeting.

Pauline Meralinger

Auxiliary Fund Chairwoman, collected \$5 for this fund.

Service Chairwoman, announced bingo for the Colonial Haven on Feb. 13 and Colonades on Feb. 20. Because of the weather, no visits were made in January.

Donation was made to the Illini Girls State Program to be held in June.

Dorothy Hinson, Junior Chairwoman, announced a candy bar sale on Feb. 22 and 23 at the Granite City Wal-Mart. Junior meeting was Monday, Feb. 10 at the Hinson Home.

Bette Nugent, National Service Chairwoman, reported donating \$15 worth of items for the McDonnell 50 at the 22nd District Meeting on Jan. 12.

The Unit 307 will donate \$50 to the 5th Division President Norma Hillmer's special project for this year at The Haven on Crab Orchard Lake.

Dorothy Hinson, co-chairwoman for VARS, reported on the successful Metro-East Veterans Stand Down held on Jan. 25 in Collinsville. Seventeen members of the Unit and Post worked during that week for the veterans.

Volunteers were accepted to assist with the refreshments for the Arts and Crafts Festival held at the Jefferson Barracks VA facility on Friday, Feb. 14. Announcement was made of the bingo party to be held at the Jefferson Barracks VA Nursing Home on March 11 and the bedside visits at the John Cochran VA on April 24. Plans will be made at a later meeting for these two activities.

The Patriotic Conference of the Department of Illinois American Legion Auxiliary will be held on March 14 at Schaumburg. Planning to attend will be Dorothy Hinson, Norma Hiller, and Eunice Whitsett.

Attendance Prize was won by Bette Nugent.

Next meeting will be Monday, March 3, at Post 307 in Venice at 7 p.m.

Young at Heart
Young at Heart senior citizens of Holy Family Catholic church held its monthly meeting Feb. 10 in the church community center.

The meeting was called to order by President Irma Manning. Sister Jean Patrick led the group in prayer, which was followed by the Pledge of Allegiance.

Minutes of the January meeting were read by recording secretary Clecia Siebert. The treasurer's report was then given by Cecelia

Mance. Friendship chairperson, Mary Rita Ahlers, reported sending get-well cards to Pete Ferro and Art Linder.

Corresponding secretary, Ann Kovach, reported receiving a thank-you card from the Yvonne for the sympathy card they received.

Young at Heart membership chairperson, Connie McGee, reported 83 members in attendance, with one new member, Dorothy McKinney.

Birthdays celebrated in February were Gladys Skubish, Ann Bicanic, Cecelia Mance and Lucille Caban. Anniversary celebrated in February was Francis and Winifred Bringer, 56 years.

Vice President Lucille Caban

reported the crop walk held to raise funds for the hunger projects around the world collected \$6,260. The Quad City Protestant Welfare will receive 25 percent of this money.

A baby shower was held at the February meeting. All items received will be given to the Pac-Pan and Catholic Charities.

Program chairperson Lucille Caban reported at the March meeting Joyce Warren's Line Dancers will entertain the Young at Heart members.

Lucille Caban took reservations for the March 17 corn beef and cabbage dinner.

The April meeting will be a soup and chili meal.

For those members who don't bring soup or chili, a \$3 fee will be charged.

Attendance prizes were won by Ann Bicanic, Sylvia Opich, John Dezan, Zita Sequette, Al Mance, Margaret Ferro and Frances Pelate.

After refreshments of cherry pie, coffee and tea were enjoyed; the remainder of the evening was spent playing bingo.

The next monthly meeting will begin with a corn beef and cabbage dinner starting at 6 p.m. March 17 in the church community center.

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Reunion — Richard, Joseph and Mary Votoupal meet with their great-grandmothers, from left, Helen Lofland, 86, from San Jose, Calif., and Mildred Votoupal, 84, of Granite City.

HOME & GARDEN SHOW

AMERICA'S CENTER • MARCH 5-9

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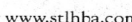
■ Brian Santos, the "Wall Wizard," will demystify the art of wall finishing on the "Wall Magic" Stage.

■Laclede Gas Cooking Shows

■ June Roesslein Interior Design Seminars

■ "Master of Plaster" Stage

Show Produced By

**March 5-9**

FEATURES

■ 1904 World's Fair Garden

■ "House of Hope" Celebrity Dollhouse Display

■Composite House

■Lawn & Garden Showcase

■ Kitchen & Bath Showcase

■Interior Design Gallery

■ FTD Florists "Be a Sport" Display

Winter Becomes Spring at Builders Home & Garden Show

Winter becomes spring at the 20th Annual Builders Home and Garden Show March 5 through 7 at America's Center. The show is St. Louis' marketplace for the latest home and garden products and services—all in one place for five days. The event, now part of the *House Beautiful* Home and Garden Show Series sponsored by The Home Depot, is produced by the Home Builders Association of Greater St. Louis. The show will include over 1500 booths and 500 companies specializing in everything for the home and garden.

Show visitors will stroll through a spectacular feature garden reminiscent of the *St. Louis 1904 World's Fair*. Garden highlights include a ferris wheel, carousel, giant floral clock, fountains, boardwalk and 1904 memorabilia. After taking a trip back in time, visitors will learn how to create and maintain their own garden at the *St. Louis Post-Dispatch Green Thumb Theater*. Cassandra Danz, "Mrs. Greenthumbs," will headline the stage with her "Six Rules for Successful Gardening Anywhere." Dick Curn, "Dr. Dirt," will tell audience members how to know when to water, when to prune and how to create a garden with lawns, planting and landscaping. In addition, a variety of local gardening experts will present topics such as "The Magic of Irises" and "Designing Water Gardens."

The **Lawn and Garden Showcase** is the place to see St. Louis' most comprehensive display of outdoor living needs and landscaping ideas. The area includes landscaping and garden products, decks, pools, spas, sunrooms, lawn equipment and more. Floral arrangements will be created and auctioned throughout the show at the FTD "Be A Sport" **Demonstration Area**. Proceeds will benefit the Children's Miracle Network.

Twenty-one decorated dollhouses sponsored by local celebrities such as Bob Costas and Jack Buck will be on display at the "House of Hope" feature. Show visitors can submit a bid for the silent auction or buy raffle tickets. All proceeds will benefit the ALS Association (Lou Gehrig's Disease).

A house made from composites makes its St. Louis debut at the show. This home of the future contains no structural wood or steel and can be assembled by four unskilled workers in just one day. Visitors can also tour a **manufactured home** complete with landscaping and interior design.

Those eager to turn their walls into something magical will enjoy the interactive **Wall Magic Stage** presented by American Blind and Wallpaper Factory. Brian Santos, the "Wall Wizard," will demystify the art of wall finishing just in time for spring. In addition, Mike Collihole, "Master of Plaster," will

The **Interior Design Gallery** has the latest in home decor, furniture, flooring, wall coverings, window treatments, mirrors and artwork. Attendees will learn how to put it all together during **June Roesslein's Interior Design Seminars**.

Always a show favorite, the **Kitchen and Bath Showcase** is one-stop shopping for the latest in kitchen and bath design, cabinetry, fixtures and appliances. Laclede Gas Home Economists will present the "Healthy Resolutions, Tasty Solutions" **Cooking Show** featuring recipes lower in fat.

HOME & GARDEN SHOW

FREE SENIOR ADMISSION

Thursday, March 6, 11 a.m.-5 p.m.
Friday, March 7, 11 a.m.-5 p.m.

Seniors over the age of 62 can present this coupon at the Home Show box office Thursday and Friday, March 6 and 7 between 11 a.m. and 5 p.m. and receive one free adult admission. Limit one offer per coupon. Multiple coupons may be used by one family.

Suburban Journals

Calendar of events

WEDNESDAY, MARCH 5

DISABLED AMERICAN VETERANS CHAPTER 83 will offer a service officer from 1 to 3 p.m. at the Tri-City Veterans Home, located at 1417 19th St. in Granite City. Call 878-7818 for more information.

PONTON BEACH SENIOR CITIZENS BINGO, 11:30 a.m., 3910 Illinois 111, Pontoon Beach.

PULMONARY SUPPORT GROUP, for persons with diagnosed lung condition, 11 a.m. to noon in 4-Doctors Solarium, St. Elizabeth Medical Center, 798-3019.

ALCOHOLICS ANONYMOUS, 11 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS, 8 p.m., St. Elizabeth School's Noah's Ark Day Care, Pontoon Road, Granite City. The meetings are closed except for the last Wednesday of the month.

DIVORCED AND SEPARATED GROUP MINISTRY, 7:45-9 p.m., Eden United Church of Christ, 903 Second St., Edwardsville, 656-9268.

MADISON COMMUNITY ACTION GROUP, meets 7 p.m. For more information call Dan at 452-2336 or Diane at 878-1360.

THURSDAY, MARCH 6

LIONS CLUB OF PONTON BEACH meets at 6:30 p.m. at the Lions Den, 3901 Lake Drive in Pontoon Beach. Anyone interested in helping the visual or hearing impaired are welcome. Call Bob at 797-0747 for more information.

"SOCIETY'S IMPACT ON DYSFUNCTIONAL EATING", talk to be presented by Cyndi Witt, LCSW, at 7:30 p.m. at St. Elizabeth's Health Center, 1121 University Drive, and is free and open to the public. Please call the Resource Center at (618) 798-3888 to register (limited seating), or for more information.

PARENTS ANONYMOUS GROUP, meets 5:30 to 6:30 p.m. For information on where the meeting will be held, call Elaine Seery at 462-2714 or Lyle Cuddeback at 876-2382.

ATTENTION MEDICARE BENEFICIARIES - Come and hear how Advantage can give you complete healthcare coverage. You are invited to hear a presentation at 10 a.m. at the Pontoon Beach Senior Center, 3910 Highway 111, Pontoon Beach.

Bemis Chiropractic, 3361 Fehling Road in Granite City, is offering FREE ELECTRONIC SPINAL SCREENINGS from 9 a.m. to noon. Call 876-2273 for more information.

CHOUTEAU TOWNSHIP SENIOR CITIZENS, 9 a.m. to 2 p.m., Social Center, 906 Thorngate Drive, Mitchell.

EAGLE PARK ACRES SENIORS OF MADISON meet from 10 a.m. to noon at 100 Hill St. (rear), Eagle Park Acres, Madison.

ALCOHOLICS ANONYMOUS, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALCOHOLICS ANONYMOUS, 8 p.m., Presbyterian Church, Mitchell, 1

(800) 307-6600.

ALCOHOLICS ANONYMOUS, 11 a.m., 2116 Club, 2116 Edison Ave., Granite City, 1 (800) 307-6600.

TAKE OFF POUNDS SENSEBLY Chapter 2363, 6:45 p.m. at Anchorage Recreation Center, 2909 Edwards St. For information, 797-6351 or 877-2784.

ALANON, 8 p.m., Wellness Center, 2103 Iowa, 463-2429.

NARCOTICS ANONYMOUS, Seeking recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

GRANITE CITY COMMUNITY BAND rehearsal, 7:30 to 9 p.m., St. John United Church of Christ, 2901 Nameoki Road, Granite City, 931-0443.

FRIDAY, MARCH 7

HOLY FAMILY LENTEN FISH FRY, community Center Cafeteria, 2606 Washington, -7 p.m. Plates and sandwiches served. Carry-outs available.

GREATER BENEFICIAL UNION OF PITTSBURGH, District 491, Granite City Council, meets at 8 p.m. at Third Baptist Church, 26th Street and Grand Avenue in Granite City. James P. Reagan, president, can be reached at 288-7266, and Mary Solomon, secretary, can be reached at 931-9201.

ALANON meets at 8 p.m. in the Milennial Room in the basement at St. Elizabeth Medical Center, 463-2429 for more information.

ALCOHOLICS ANONYMOUS, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

FRIDAY AFTERNOON PINOCCHLE CLUB for seniors 55 and over meets at 12:30 p.m. at the Harold Brown Building, Franklin Avenue and Pontoon Road, Call 877-6350 for more information.

STEMSS (Support Together for Emotional and Mental Serenity and Sobriety), A support group for people with a mental illness and an alcohol or substance abuse problem, meets from 1:30 to 2:30 p.m. at St. Elizabeth Medical Center, Call 798-3804 for more information.

SATURDAY, MARCH 8

POLISH PIEROGI SALE, Sacred Heart Polish National Catholic Church, 930 Reynolds, Madison, 9 a.m. to 12 noon. Seven varieties: cabbage, cheese, kielbasa, sausage and kraut, plum pudding and taco. Carry-outs only, \$6 per dozen, cooked and ready to heat and eat. Also Chrusciki and rosettes. Order ahead by calling 876-5560, 876-3699, or 931-3367.

"HEARTFELT" in concert at New Life Assembly, corner of Faith and Buxton, Saturday, March 8, at 8 p.m. and Sunday, March 9, at 10:30 a.m. The public is encouraged to come and join us for this Southern gospel music experience.

CAHOKIA MOUNDS SCOUTING DISTRICT PINWOOD DERBY, Chouteau Township Hall, 906 Thorngate Drive. The first race begins at 10 a.m. The public is invited to attend. Food and various items will be offered

for sale. For more information, call Luther Pike at 692-0910 or Pat Foote at 286-3410.

QUAD CITY YOUTH FELLOWSHIP, 2257 Cleveland, 7 p.m., 931-3480 or 877-4848.

ALANON Adult Children Providence, 2103 Iowa, 10 a.m., park in rear, no smoking, 463-8596.

ALCOHOLICS ANONYMOUS, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALANON ADULT CHILDREN, 10 a.m., Wellness Center, 2103 Iowa, Granite City, 463-2429.

NARCOTICS ANONYMOUS, Acceptance, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

RESCUE MISSION, 1536 Fourth St., Madison, food pantry is open from 9 a.m. to noon. Samuel Turner is the chairman, Valeria Turner is the secretary and Alfred Turner is the pastor.

SUNDAY, MARCH 9

MIDWESTERN UNITED STATES IMPERIAL DANCE CLUB (MUSIC) will hold its regular meeting at 8 p.m. at the American Legion Hall in Collinsville. The public is invited for dance lessons and open dancing at a cost of \$4 for nonmember and \$2 for members. For more information, call 463-2405.

OLD FASHION CHICKEN AND DUMPLIN'/ROAST BEEF DINNER, 11:30 a.m. - 5 p.m., Engelbert Hall, 10th and Washington, Madison. Adults \$5,

children (6-12), \$3. Home made desserts - craft table - carry-outs available.

ALCOHOLICS ANONYMOUS, 1:30 p.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

NARCOTICS ANONYMOUS, Live the Steps, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

ALCOHOLICS ANONYMOUS, 8 p.m., St. Elizabeth Medical Center, Pascoe Hall, main floor, Granite City, 1 (800) 307-6600.

EAGLES AUXILIARY 1125 BINGO, 1 p.m. at the Nameoki Bingo Center. Also included will be a color raffle, 50/50 drawing, free games and other raffish.

MONDAY, MARCH 10

NATIONAL ASSOCIATION OF RETIRED FEDERAL EMPLOYEES (NARFE) Chapter 1067 meets at 11:30 a.m. at Charlie's Restaurant in Granite City. For more information call 931-2118.

NEIGHBORHOOD WATCH MEETING, 6 p.m., Venice Township Building, 910 Madison Ave. Everyone is encouraged to attend. Contact Alderman Alexis Lux at 451-1924 for more information.

ALCOHOLICS ANONYMOUS, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

ALANON, 9:30 a.m., 2116 Club, 2116 Edison, Granite City, 463-2429.

CHEMICAL DEPENDENCY RELAPSE PREVENTION group meets from 6:30 to 8:30 p.m. at the Edwardsville Health Center, 1123 University Drive in Edwardsville. The group focuses on eliminating relapse-prone thinking, feeling and behavior patterns and helping group members grow in sobriety. For more information, call 798-3888.

FIRST PLACE, a Christ-centered nutrition program, meets 6-7 p.m. at First Baptist Church, 2041 Delmar Ave. in Granite City.

NEGLECTED VICTIMS OF CHILD SEXUAL ABUSE, a support group for nonoffending parents of victims, meets from 6 to 7:30 p.m. at Southern Illinois University at Edwardsville's Rape and Sexual Abuse Care Center. Call 692-2197 for details.

TOPS 2948 (Take Off Pounds Sensibly), 6 p.m., Melvin Price Support Center in Granite City, 876-2124.

TOPS IL 645, 7 p.m., Anchorage Recreation Center, 2909 Edwards St., Granite City, 452-6102. Men and women welcome.

TUESDAY, MARCH 11

BAND PARENTS ASSOCIATION OF GRANITE CITY HIGH SCHOOL, 3101 Madison Ave., 451-5808, 7 p.m.

NATIONAL ASSOCIATION OF RETIRED FEDERAL EMPLOYEES (NARFE) Chapter 1067 meets at 11:30 a.m. at Charlie's Restaurant in Granite City. For more information call 876-5450.

"CHEMICAL DEPENDENCY: WHAT IT

IS AND ISN'T", talk to be presented by Warren Neier, of SEMC's Behavioral Health System, 7:30 p.m. at St. Elizabeth's Medical Center's Pascoe Hall. Free and open to the public. Call the Resource Center at (618) 798-3888 to register (limited seating), or for more information.

BENEVOLENT AND PROTECTIVE ORDER OF ELKS, Granite City Lodge 1063, Maryville Road, Granite City, 931-3527, 8 p.m.

JOB'S DAUGHTERS BETHEL #43 meets at 7 p.m. at the Masonic Temple, 20th Street and Cleveland Boulevard.

KNIGHTS OF COLUMBUS, 3RD DEGREE, 4225 Old Alton Road, 7:30 p.m., 877-4250.

BETTER BREATHERS, support group of those with chronic lung condition, 1 p.m., Pascoe Hall, St. Elizabeth Medical Center, 798-3118.

MASTECTOMY SUPPORT GROUP, 7 to 9 p.m., Pascoe Hall, main floor, St. Elizabeth Medical Center, 798-3118.

MITCHELL FIRE PROTECTION DISTRICT 2 monthly meeting, 7 p.m., Maryville and Old Alton roads.

Bemis Chiropractic, 3361 Fehling Road in Granite City, is offering FREE ELECTRONIC SPINAL SCREENINGS (See CALENDAR, Page 8B)

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Horoscope

Wednesday, March 5

There are plenty of reasons to get it all done now. You have the uninterrupted time to tackle the work that has been piling up. You can cut to the most important tasks using your keen intuition. The Pisces influence will inspire you to the point of being psychic. Your lover may complain about your mood shifts, but everyone is culprit to the phenomenon.

ARIES (March 21-April 19). Send a funny card to a new acquaintance who doesn't recognize that you are interested in romance. New friends hold the key to important chances ahead. Invent a way to ask for more money without being pushy.

TAURUS (April 20-May 20). Keep a loving heart. Job efforts are better when you update your tools of the trade. Your performance is state of the art when your surroundings are, too. A long-distance caller passes on an unfounded rumor.

Calendar

(Continued from Page 7B)
INOS from 9 a.m. to noon. Call 876-2273 for more information.

BOOTS & SLIPPERS DANCE CLUB, square dance lessons, 7 to 9 p.m., First Christian Church, across from the Cracker Barrel, Cassville. The cost is \$2.50 per person, per lesson. For more information, call 797-6528 or 344-4636.

DEPRESSIVE MANIC DEPRESSIVE ASSOCIATION OF MADISON COUNTY will meet from 7 to 9 p.m. at St. Elizabeth Medical Center, James E. Lewis and Karl A. Strassman, Co-leaders of the DMDA, will conduct the meetings. For more information, call 877-7517 or (314) 776-4929.

TOPS 1699, (Take Off Pounds Sensibly) will meet at 6:45 p.m. at the Anchorage Recreation Center, 2909 Edwards St., call 797-2724 for more information. Men and women are welcome to attend.

ALCOHOLICS ANONYMOUS, 8:30 a.m. and 8 p.m., 2116 Edison, Granite City, 1 (800) 307-6600.

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GEMINI (May 21-June 21). Make the most of your extra earning power. Flaunting your good luck could jinx it. Job follow-ups are favored, but wait until tomorrow to pursue new leads. It's easy to fall off the diet, but there is always another day.

CANCER (June 22-July 22). Take care with possessions. Some details of your routine go awry. Take an emotional risk in a new relationship. It may work out, but you are better for your efforts either way. A

friend who needs you may hesitate to call.

LEO (July 23-Aug. 22). Spend time with just one person, as one-to-one conversations are warm and revealing. Give a chance to a newcooler. Volunteering in a neighborhood project is favored. Teach children how to handle money.

TODAY'S BIRTHDAY (March 5). Expect the unexpected in love. Figure out what has been ailing you. Next month, job matters clear up, paving the way to a promotion. Work-connected travel is profitable in June. Expect a return on an investment in July. Your family home or an heirloom is a true treasure in September. Marriage months are September and next January.

VIRGO (Aug. 23-Sept. 22). Let everyone see how bright you are. Your family life is sound, but your mate needs a listener. New information should be followed up immediately. Your influence is particularly strong at your workplace — be diplomatic.

Fellowship Hall, 2301 Orville, Granite City, 1 (800) 307-6600. If a ride is needed, call 451-4020 or 1 (314) 688-1885.

THE CIRCLE OF HOPE, a 12-step healing program for anyone whose life is affected by HIV infection meets at 7 p.m. at the King's House on North 66th Street in Belleville. For more information, call 234-0261.

GRANITE CITY KIWANIS meet at Shoney's at 7:30 a.m.

NARCOTICS ANONYMOUS, Path to Recovery, 8 p.m., 2016 Delmar Ave., 24-hour hot-line 398-9409.

SCHOOL OF METAPHYSICS, 7:30 to 10:30 p.m., 6459 Roston Place, St. John, Mo. 63114. Classes in applied metaphysics. Call Melanie McManus at 429-0076.

GATEWAY SOUNDS CHORUS, 7:30 p.m. at the Collinsville Senior Citizen Center, 402 E. Main, Collinsville. For more information, call Joyce Greiner at 396-3933.

LIBRA (Sept. 23-Oct. 23). Show love to your family, even if they don't understand. Write letters to those far away. In-laws may complicate matters, but they have good intentions. An Aries has love for you.

SCORPIO (Oct. 24-Nov. 21). A big plan awaits only your courage to begin. Leave credit cards carefully put away. Soon, a relative's health changes for the better. Pushing away from the dinner table is more difficult than usual, so stick to healthy snacks.

SAGITTARIUS (Nov. 22-Dec. 21). Confusion at work brings

out your leadership abilities. Communications go awry, so put off detailed work and the signing of legal documents until next week. A new romance may suddenly leave town.

CAPRICORN (Dec. 22-Jan. 19). Improved relations with your family will set doubts and fears to rest soon. An unsatisfied customer or boss is mistaken. A strong friendship with a Virgo makes all the difference in the world.

AQUARIUS (Jan. 20-Feb. 18). If you have just thrown a potential relationship away because you were uncomfortable at the outset, retrace your steps. Admitting a mistake sets those around you at ease, bringing new enthusiasm.

PISCES (Feb. 19-March 20). Go over ideas and suggest improvements. Love isn't easy, but it's worth all the trouble in the end. Your boss gives you confused instructions. Keep smiling, and find time for being alone with personal thoughts.

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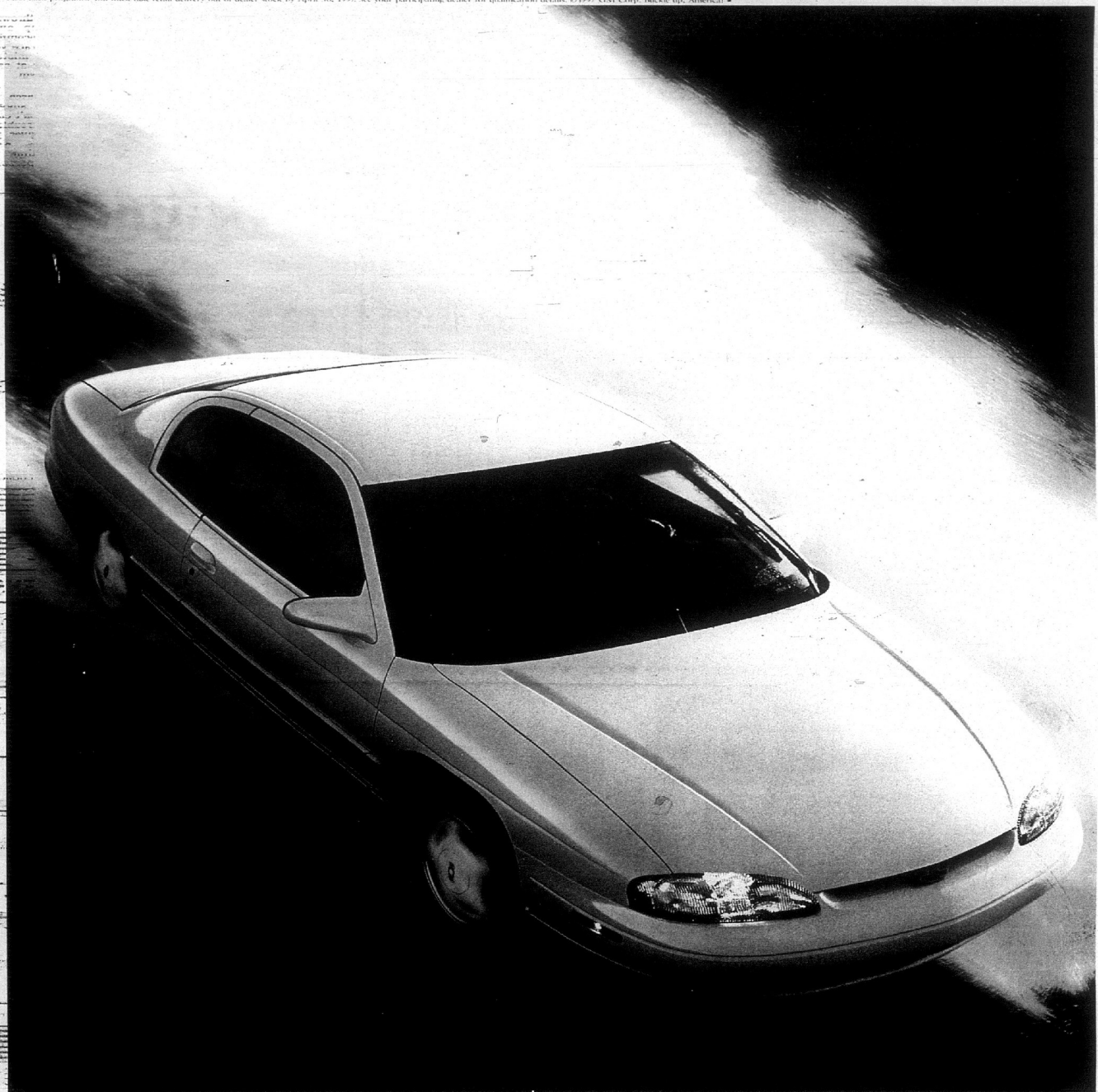


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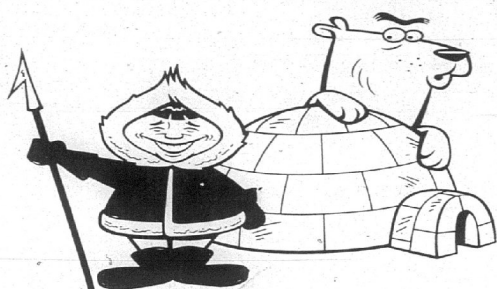
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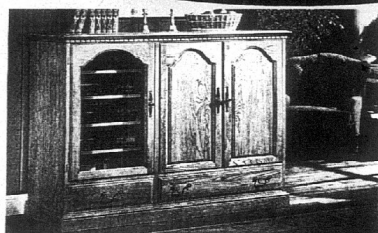
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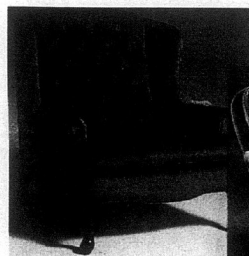
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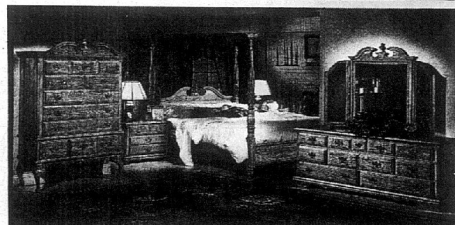
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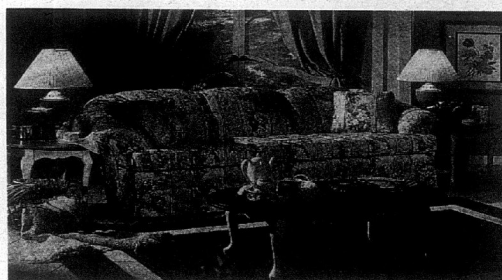
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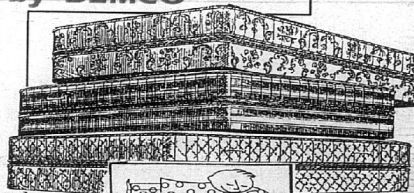
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Today's Food

Wednesday, March 5, 1997

Food & Nutrition

Wise Ways

Does zinc vacuum troubles away from the human body? Susan L. Gray dusts off its proven attributes.

INSIDE

Heart-y Bites

Send out for the mariachi band when cumin warms up to hearty bean dishes.

INSIDE

Blue Ribbon Cook

Winner wins with the letter 'C' in place for chicken, cabbage and cauliflower in pasta salad.

INSIDE

Test Run

Scalloped and au gratin potatoes from Shop 'n Save come boxed for action.

INSIDE

Micro Raves

Portobello mushroom wears its popularity on its dark, platter-like gills.

INSIDE

Lively Taste

Curry powder blends spices, herbs and chiles without a basic recipe. Specific blends are used in particular Indian dishes. Thus, it is possible to get a different flavor effect with a different brand of curry powder.

Health & Fitness

Medicine Chest

Many cases of glaucoma, the leading cause of blindness, go undiagnosed. Caused by increasing pressure in the eye, glaucoma is easy to diagnose and can be treated. Once symptoms start, however, the damage is not reversible. Those over the age of 40 should have a glaucoma test annually.

Fresh Picks

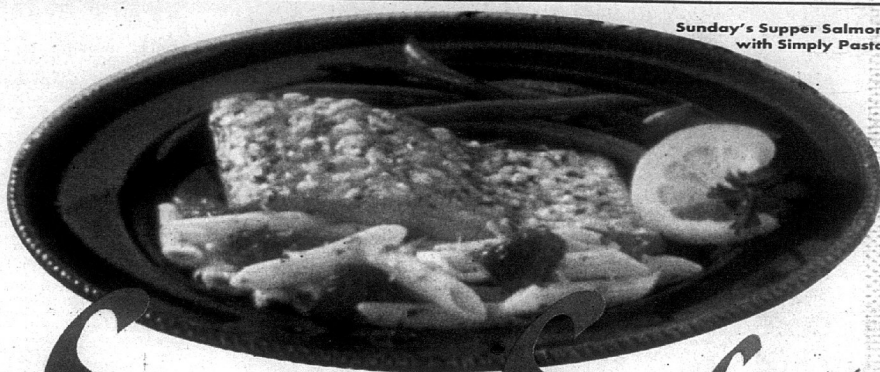
Napa or Chinese cabbage is Asian in origin and more tender than regular cabbage. Rather than growing in a head, its long, light green leaves grow in a cluster like a head of romaine lettuce. It is somewhat sweeter than head cabbage and very moist. Its crunchy tenderness makes it a pleasant change in combination salads, such as those with rice or Chinese noodles. It can be served raw or cooked.

Big Fat Tip

Two percent milk is not called 'low-fat' anymore. Its contents have not changed. Each 8-ounce cup has 5 grams fat. Now it matches other food labels, where a 'low-fat' food can contain no more than 3 grams fat per serving. One percent milk, with 2.5 grams fat per cup, does qualify as a 'low-fat' food. Two percent milk is substantially lower in fat than whole milk, with 8 grams fat per cup, so it can be labeled 'reduced-fat.'

Future Shop

If a special line of health-oriented foods delivered to the kitchen sounds appealing, Campbell Soup Co. may have a deal for you! It is expected to test in Ohio a line called 'Intelligent Cuisine,' mail-order frozen meals developed to help fight high blood pressure, high cholesterol and diabetes. The 40-item line is expected to be marketed to individuals, as well as physicians. The food arrives in containers with an insulated lid for dry ice and frozen foods. Source: Refrigerated and Frozen Foods magazine.



Sunday's Supper Salmon with Simply Pasta

Snap up Seafood

By Janice Denham
Staff writer

If there is a season for seafood, it is when the world is moving toward spring. Traditionally a high-use protein because of Christian religious practices during Lent, seafood enjoys featured status in the market in fresh, frozen and canned forms.

An old cooking pal, canned tuna comes packed in water or oil on the supermarket shelf. Who would have thought tuna "swimming" in water would have caught on in a can? When health interests pointed out fish canned in oil had more fat, tuna went back to its roots, so to speak.

Flavor still weighs in heavily at the table, so some cooks have returned to tuna, this time using the oil as part of the preparation, bearing in mind not every menu rendition need be pooled in cheese and other high-fat ingredients. Usually tuna is packed in soybean oil, but sometimes it is in canola oil.

The entire seafood menu has been spiced up with vegetables, pasta a-plenty and herbs and seasonings that pep up flavor, boost mouth-watering results and scale down fat and calories.

Tuna or salmon salad always has its place on bread, but give it a try as a Middle Eastern spread in pita pockets or spread it on toasted pita or baked tortilla wedges.

Just combine 1 can (about 6 ounces) tuna or salmon in oil, drained and flaked, with 1 clove garlic (minced), 1/2 cup canned garbanzo beans (well rinsed), 1/4 cup pureed cottage cheese or sour cream, 1-1/2 tablespoons fresh lemon juice, the green part of 2 scallions or a little green onion (chopped), 1/2 teaspoon sesame oil and 1 teaspoon cumin. Mash well with a fork or blend in a food processor until creamy. Top with 1/2 cup chopped flat parsley. Each tablespoon spread has 31 calories and 1 gram fat.

Fresh salmon is a year-round treat. Ready to serve almost as quickly as canned seafood, salmon from the seafood counter can be cooked with



Tuna Carnivale

SEE SEAFOOD, INSIDE TODAY'S FOOD PAGE 2

Kids' Cuisine



Don't reinvent the wheel of fortune to offer food people like. Kids have preferences, but they are not biased against ways of eating unless someone else says, 'Ooh, that sounds awful!' Give them seafood in familiar form, such as mixed with macaroni and cheese or a tuna salad sandwich with cheese melted on top.

Another day, wrap tuna in a tortilla.

1. Combine 1 can (about 6 ounces) white tuna, drained, with 1/3 cup reduced-fat mayonnaise, 1/3 cup chopped green bell pepper, 1/2 teaspoon chili powder, 1/2 teaspoon garlic powder, and, if desired, 2 tablespoons chopped fresh cilantro. Stir to blend. This makes enough to fill six (7-inch) flour tortillas.

2. To make roll-up, spread tuna mixture down center of a tortilla. Sprinkle with shredded lettuce and spoonful of salsa. Roll up.



Today's Food

Private Label Test Run



Au gratin and scalloped potatoes from the box are easy to make in either a conventional or microwave oven.

Creamy potatoes from box grow with flavor and favor

Americans who have not given up potatoes-on-the-side now may rely on spuds-from-the-box.

Such is the case with au gratin and scalloped potatoes, both of which need milk, water and margarine and a little time to bring them to their proper conclusion.

This week's Test Run is for the private label brands of Bi-Rite and Shop 'n Save. Both varieties were tested in home kitchens.

All received positive responses. Testers found a "trick" to creating them was to let them sit at least the suggested amount of time, to let the sauce thicken.

"The Shop 'n Save potatoes au gratin were easy to prepare. While they took about a half hour to bake in the oven, it took about two seconds to put them together. It's a very good deal for a quick, easy side dish," a tester said.

The private label brands cost 10 to 30 cents less than national brands. She liked them at least as well as leftovers as hot from the oven.

"The sauce was a bit thin at first, but the flavor was good. Potatoes tasted about as good as fresh to me in the dish. They were not quite as cheesy as home-made," she said.

Another tester had the same comments for the Bi-Rite au gratin potatoes.

"At first I thought they tasted too much like dried cheese, but the flavor definitely mellowed with time. I probably rushed them a little the first time I served them," she said.

She prepared the potatoes in a microwave oven, which led to a complaint about the Bi-Rite brand.

"It doesn't have microwave directions. I know it takes about the same length of time and works just as well, but I wasn't as certain of myself until I saw their consistency," she said.

The Shop 'n Save brand includes microwave directions on the box.

"The cheese must have been pretty good in them, because two of us checked back after them and we both skipped using the margarine. We didn't miss it for flavor. As the other tester said, she just doesn't

think the dish needs it."

One tester has her own method for making this boxed, flavored and sauced potato.

"I make them all the time, even for my husband's family when we get together. First of all, I skip the margarine and I use half-percent or skim milk. Even reconstituted (dry milk) works. There are lots of heart problems in the family and everybody looks forward to this as a special, rich side dish they don't get at home," she said.

Then she adds potatoes. "Usually I bake extra potatoes in a microwave. I slice them with their peels while they're hot and add to the mixture before it sets. If there are too many potatoes for the sauce, I add a little extra milk. Worcestershire sauce is another nice addition. I even might sprinkle the top with a little reduced-fat cheddar cheese for effect and extra flavor. We all love them. I use private label brands all the time. And leftovers are great for weeknights."

Spaghetti salad wins with color, crunch

Ruby Graff, Festus, is the winner of this week's recipe contest for Delight Salad. Her prize is dinner certificates at the Pasta House Co.

Send in one recipe per household for any kind of dish — appetizer to salad, snack to dessert — that uses strawberries to: Spring Strawberry Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

DELIGHT SALAD

- 1 pkg. (7 oz.) uncooked spaghetti, broken in thirds
- 1 1/2 cups cooked chicken, sliced julienne
- 1 cup finely shredded red cabbage
- 1/2 cup sliced cauliflowerets
- 1/2 cup sliced ripe olives
- 3 tbsp. chopped red onion
- 1 jar (2 oz.) diced

- pimento
- 1/2 cup Italian salad dressing
- 2 tbsp. chopped parsley

Prepare spaghetti according to package directions. Drain.

Toss chicken, cabbage, cauliflower, olives, onion, pimento, salad dressing and parsley with spaghetti. Chill.

Toss again when serving. Makes 6 servings.

Seafood

Continued from page 1C. can be cooked with dinner in mind for both tonight and tomorrow.

For more easy recipes and cooking information, write to: • StarKist Consumer Relations, 1 Riverfront Place, Newport, Ky. 41071; • For Alaska seafood recipes, send a self-addressed, stamped envelope to: ASMI Fulfillment Center, Consumer Recipes, Department ROP, 16625 Redmond Way, Suite M437, Redmond, Wash. 98062; • 5:15 Club (five-ingredient, 15-minute recipes), 4791 Dry Creek Road, Healdsburg, Calif., 95448.

TUNA CARNIVALE

- 1 lb. uncooked linguine
- 2 cans (about 6 oz. each) tuna packed in cans

- oil, drained, flaked (reserving oil)
- 2 tsp. balsamic vinegar
- 1 medium onion, finely chopped
- 2 large cloves garlic, minced
- 1 lb. mixed fresh vegetables, such as asparagus, green beans, yellow summer squash, zucchini and bell pepper, cut in 2-inch strips
- 1 can (28 oz.) whole tomatoes in puree, coarsely chopped
- 1/2 cup dried tomatoes, cut in strips
- 6 oil-cured olives, if desired
- 4 or 5 fresh leaves basil, coarsely chopped
- Freshly ground pepper

Prepare pasta according to package directions. Drain.

In small bowl, sprinkle vinegar over tuna. In large skillet, saute onion and garlic in

reserved oil several minutes until tender. Add vegetables. Over medium heat, cook and stir vegetables about 3 minutes until tender-crisp.

Add tomatoes with puree, heat tomatoes and olives. Heat and stir until mixture comes to boil. Reduce heat. Simmer 3 minutes.

Stir in tuna and basil. Cook and stir until heated through. Season to taste with pepper.

Toss tuna mixture with pasta. Makes 6 servings: 507 calories, 30 g protein, 8 g fat, 80 g carbohydrate, 320 mg sodium and 18 mg cholesterol each.

SUNDAY'S SUPPER SALMON

- 1 tsp. olive oil
- 2 cloves garlic, minced

Micro Raves

Portobello sings proudly, whether fresh or dried

By BETTY SERATI

The mushroom, or "champignon," is a delicacy pleasing to the palate. It also is a nutritional treat without fat, cholesterol or sodium and lots of potassium.

In most American cookbooks, "mushroom" refers to commercially-grown agaricus mushrooms of subtle flavor with white caps and pinkish-brown gills. More than half the mushrooms eaten in America are grown in Pennsylvania where Quaker settlers founded the industry in the 19th century.

However, other varieties — some wild, some cultivated — abound. Because poisonous wild mushrooms are hard to distinguish, it is best to eat only purchased mushrooms rather than exploring the woods for a harvest.

Produce departments contain scores of the delicacies.

The expensive morel is usually bought dried because of its short spring season. Other wild mushrooms in the market are cepe (porcini), chanterelle, shiitake and enoki.

A wild mushroom rapidly gaining popularity is the portobello. This large, flying-saucer shaped, intensely flavored "room is a darker cousin of the common white button. Originally from Italy, the portobello is a natural in Italian cuisine.

An average portobello mushroom weighs about 2 ounces and contains just 14 calories and 280 milligrams of potassium, with no fat or

sodium.

Mushrooms with a meaty taste and texture — like the portobello, shiitake, enoki and porcini — can replace meat in many dishes. Unlike their little, moist cousins, they are easy to dry in a microwave oven.

To dry a portobello, slice it about 1/8-inch thick and place on a double layer of paper towels. Microwave on high power about 3 minutes. Remove slices to fresh paper towels. Cook on high power about 2 minutes longer until dry. Store in a tightly closed container.

When ready to use it, do not bother to presoak the dried mushroom if it will be cooked in a recipe 3 or more minutes. Just add it with the other ingredients. To reconstitute, cover 2 ounces dried mushroom slices with 1/2 cup water. Cover tightly. Microwave on high power 5 minutes.

With its woody flavor, the portobello is delicious by itself. For a quick appetizer, place chunks or slices of fresh mushroom in a dish, add a slice of lemon and a clove of garlic that has been chopped. Pour a favorite Italian salad dressing over it and let the mixture stand about an hour.

Drain any dressing not absorbed. Microwave, covered, on high power 1 1/2 to 2 minutes for each mushroom used.

Serve alone or on crackers. For an elegant main dish, try Linguine with Portobello Mushrooms and Shrimp.

Microwave-easy, it will have guests singing the

cook's praises in Italian. Betty Serati specializes in microwave cooking.

LINGUINE WITH PORTOBELLOS AND SHRIMP

- 1 lb. uncooked linguine
- 1/4 cup (1 1/2 sticks) butter
- 6 portobello mushrooms, cut in 1/2 inch chunks
- 2 cloves garlic, chopped
- 3 cups half-and-half
- 1 1/2 cups grated parmesan cheese
- 1 lb. cooked, peeled shrimp, thawed if necessary
- 1/2 cup tomato sauce
- 1 tsp. basil
- Salt and pepper to taste

Prepare linguine according to package directions. Stir 1/2 cup butter into drained pasta.

In glass casserole, place remaining 1/4 cup butter, portobello mushrooms and garlic.

Microwave on high power 8 to 10 minutes until tender. Combine linguine, mushrooms, half-and-half, parmesan cheese, shrimp, tomato sauce, basil, salt and pepper.

Blend well. Place in large glass casserole dish. Cook on medium-high (70 percent) power 8 to 10 minutes until hot.

Makes 10 to 12 servings.

Heart-y Bites

By TERRI EDELSTEIN

Cumin speaks in tones that can raise eyebrows

Some flavors, like people, are so bold and assertive they cannot be ignored. Cumin is one of those flavors.

It speaks its mind with pungent warmth when surrounded by the less outspoken tastes of beans, grains, poultry and other mild foods. Cumin's nutty aroma lets ho-hum foods shout "Ole!" with the expectation of Mexican comfort sensa-

Cumin is the seed of a plant grown mainly in India and the Middle East. When Spaniards brought it to the New World, Mexican cooks grabbed it and refused to let go. It abounds in Mexi-

can bean dishes today.

The tiny, ridged, toast-colored cumin seed is used most often in its ground form in this part of the country.

Registered dietitian Terri Edelstein is a member of the nutrition committee of the American Heart Association, St. Louis Chapter.

FRESH TUNA FAJITAS

- 3 tbsp. orange juice
- Cook 8 ounces penne or
- 2 cloves garlic, minced
- 1/2 tsp. ground cumin

In large resealable plastic bag, combine orange juice, lime juice, garlic, cumin and oregano. Add tuna. Shake bag to coat with marinade. Refrigerate 1 hour or up to 4 hours.

In large nonstick skillet coated with nonstick cooking spray, cook tuna, bell pepper and onion until fish is cooked through. Do not drain as it cooks.

- 1/4 tsp. oregano, crushed
- 1/2 lb. fresh tuna steaks or fillets, cut in thin strips
- 1 red bell pepper, cut in thin strips
- 1 medium yellow onion, thinly sliced
- 6 (7 inch) flour tortillas

In large resealable plastic bag, combine orange juice, lime juice, garlic, cumin and oregano. Add tuna. Shake bag to coat with marinade. Refrigerate 1 hour or up to 4 hours.

In large nonstick skillet coated with nonstick cooking spray, cook tuna, bell pepper and onion until fish is cooked through. Do not drain as it cooks.

SIMPLY PASTA

In bowl, cover 1/2 to 3/4 cup dried tomato halves, snipped in half, with hot water. Let sit 10 minutes.

Cook 8 ounces penne or other tube pasta according to package directions. Drain well. Cover and refrigerate half the pasta for Monday's Minestrone.

In same pot, heat 2 tablespoons olive oil over medium-low heat. Cook 1 clove garlic, crushed and minced, about 1 minute.

Drain tomato halves. Add with 1 teaspoon grated lemon zest to garlic. Add 1/2 cup reduced-salt chicken broth (rest of canned broth can be refrigerated and used in minestrone, if desired). 2 tablespoons chopped fresh parsley and 1/2 teaspoon salt.

Makes 4 servings.

MONDAY'S MINSTRONE

In large saucepan or Dutch oven, heat 1 tablespoon olive oil over medium heat. Chop 1 small onion. Cook 3 to 5 minutes until softened but not brown. Add 2 1/2 cups reduced-salt chicken broth. Cook about 3 minutes until mixture begins to boil.

Add 1 package (10 ounces) frozen mixed vegetables; 1 can (8 ounces) kidney beans, rinsed and drained; 2 cooked salmon fillets (about 8 ounces), skin removed and flaked; 2 cups cooked pasta and 1/2 cup dried tomato halves, snipped in half. Cook about 5 minutes longer until heated through.

Garnish with chopped fresh parsley and grated parmesan cheese, if desired.

Today's Food

March 5, 1997—Granite City Journal—Page 3C

Home show cooks up plan for garden, bath, kitchen

Laclede Gas Co.'s Home Service staff will present a "Healthy Resolutions, Tasty Solutions" Cooking Show at the 20th annual Builders Home and Garden Show March 5 to 7 p.m. at Cervantes Convention Center at America's Center. The program is designed to provide tasty recipes that are healthy, too.

Featured recipes are Pork Tenderloin Pacifico, Penne Broccoli Salad, Brailed Mango and Bananas, and Cheesy Artichoke Bake.

Laclede's shows will be at 7 p.m. tonight, 2, 4:30 and 7 p.m. Thursday; 7 p.m. Friday; 5 and 7 p.m. Saturday. Jennifer Wehrle, food editor for St. Louis Homes and Lifestyles, will be a guest chef during the event, too. She will demonstrate how to cook Grilled Zucchini, Spicy Stir-Fried Lemon Chicken, Broiled Tomatoes Provencal and Fruit-Filled Crepes Flambe.

Wehrle, former assistant food editor at Gourmet magazine, received her culinary training at Peter Krump's Cooking School in New York. Her cooking shows will be at 2 and 5 p.m. Friday and 2 p.m. Sunday.

At 2 p.m. Saturday, Y98's Guy Phillips and the Pasa House Co. will join forces for a cooking show filled with good food and laughs. This year's show turns winter to spring. It becomes a marketplace for the latest home and garden products and services in St. Louis—all in one place for five days.

The event, part of the *House Beautiful* Home and Garden Show Series sponsored by Home Depot, is produced by the Home Builders Association of Greater St. Louis. The show includes more than 1,500 booths and 500 companies. Show visitors will stroll through a garden reminiscent of the St. Louis 1904 World's Fair. Garden highlights include a ferris wheel, carousel, giant floral clock, fountains, boardwalk and 1904 memorabilia. Cassandra Danz, known as "Mrs. Greenthumbs,"

will headline the stage with her six rules for successful gardening anywhere. Dick Crum, "Dr. Dirt," will tell audiences how to prune, maintain and landscape their lawns. In addition, local gardening experts will present topics, such as the "Magic of Irises" and "Designing Water Gardens."

Floral arrangements will be auctioned to benefit the Children's Miracle Network. Twenty-one decorated dollhouses will be displayed and visitors can submit a bid for a silent auction or buy raffle tickets for them, with proceeds benefiting the ALS Association (Lou Gehrig's Disease).

Show hours are 5 to 10 p.m. today, 11 a.m. to 10 p.m. Thursday through Saturday, and 11 a.m. to 6 p.m. Sunday. Admission price is \$7 for adults and \$2 for children ages six to 12. Children under age six are admitted free. Special show discounts are available at Schnucks and in the *Suburban Journals*.

Here is a sample from the Laclede Gas Co. presentation.

tation.

CHEESY ARTICHOKE BAKE

- 1 pkg. (8 oz.) fat-free cream cheese, softened
- 1 cup grated fat-free parmesan topping
- 1/2 cup fat-free plain yogurt
- 1 tsp. flour
- 1/4 tsp. garlic powder
- 1/4 tsp. white pepper
- 1 can (14 oz.) artichoke hearts, drained, chopped

Preheat oven to 350°. Grasse 1-quart casserole. In medium bowl, combine cream cheese, parmesan topping, yogurt, flour, garlic powder and pepper. Mix until smooth. Stir in artichoke hearts.

Pour mixture into prepared casserole. Bake in preheated oven about 30 minutes until lightly browned. Serve with low-fat crackers or bite-size vegetables. Makes about 3 cups spread, 25 calories and no fat per tablespoon.

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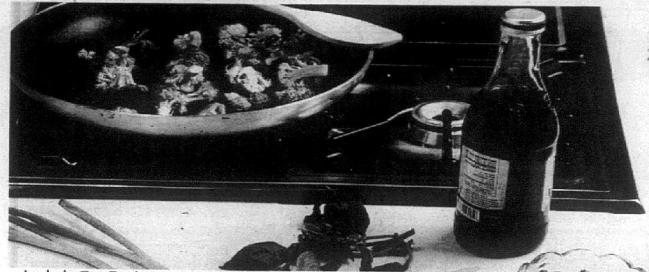
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Laclede Gas Co. home economists will prepare tasty solutions to healthy-eating resolutions this weekend at the Builders Home and Garden Show.

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Today's Food

Wise Ways

Does healthful zinc really help keep doctor away?

After hearing the talk and seeing the health food store ads, the question remains: Is zinc really the wonder mineral of the '90s? Many claims hype advantages of zinc. Does it prevent the common cold? Does it help anyone live longer? How about curing prostate cancer?

Research shows that without zinc our cells could not make new DNA, the cell's building blocks. That means they could not reproduce to form new cells. Studies have proven wounds require zinc in order to heal. Zinc also helps keep the immune system working so it can fight off disease.

Looking at what is known, zinc may shorten the length of the common cold or lower the risk of prostate cancer, but further study is required before the world jumps on the zinc supplement bandwagon.

Nutrition professionals do not recommend taking a zinc supplement higher than the U.S. recommended daily allowance, which is 15 milligrams per day for men and 12 milligrams per day for women, unless a dieti-

tian approves it. Zinc, copper and iron all compete for absorption in the body. Taking too much of one means it can be absorbed at the expense of the others.

What foods contain zinc? Seafood — such as oysters, clams, crab, lobster, shrimp, mussels, herring, swordfish and tuna — are excellent sources. Other good sources are wheat germ, milk, chicken, turkey, cooked dried beans, whole wheat bread, eggs and lean red meat. Many breakfast cereals are fortified with zinc. As a result, it is easy to get a small amount of it throughout the day.

Today's recipe is a delicious way to add zinc to the table. This Tuna Ball can be served with crackers or raw vegetables or used as a sandwich spread. A one-half cup serving of Tuna Ball with ½ cup raw vegetables has almost 1 milligram zinc.

Home economist Susan L. Gray is nutrition specialist for Missouri Extension (University of Missouri system) in Jackson County.

By SUSAN L. GRAY

Micro Raves

By BETTY SERATI

Portobello sings proudly, whether fresh or dried

The mushroom, or "champignon," is a delicacy pleasing to the palate. It also is a nutritional treat without fat, cholesterol or sodium and lots of potassium. Most American cookbooks, "mushroom" refers to commercially-grown agaricus mushrooms of subtle flavor with white caps and pinkish-brown gills. More than half the mushrooms eaten in America are grown in Pennsylvania where Quaker settlers founded the industry in the 19th century.

However, other varieties — some wild, some cultivated — abound. Because poisonous wild mushrooms are hard to distinguish, it is best to eat only purchased mushrooms, rather than exploring the woods for a harvest.

Produce departments contain scores of the delicacies.

The expensive morel is usually bought dried because of its short growing season. Other wild mushrooms in the market are cepe (porcini), chanterelle, shiitake and enoki.

A wild mushroom rapidly gaining popularity is the portobello. This large, flying-saucer shaped, intensely flavored 'room is a darker cousin of the common white button. Originally from Italy, the portobello is a natural in Italian cuisine.

An average portobello mushroom weighs about 2 ounces and contains just 14

calories and 280 milligrams of potassium, with no fat or sodium. Mushrooms with a meaty taste and texture — like the portobello, shiitake, enoki and porcini — can replace meat in many dishes. Unlike their little, moist cousins, they are easy to dry in a microwave oven.

To dry a portobello, slice it about 1/8-inch thick and place on a double layer of paper towels. Microwave on high power about 3 minutes. Remove slices to fresh paper towels. Cook on high power about 2 minutes longer until dry. Store in a tightly closed container.

When ready to use it, do not bother to presoak the dried mushroom if it will be cooked in a recipe 3 or more minutes. Just add it with the other ingredients. To reconstitute, cover 2 ounces dried mushroom slices with ½ cup water. Cover tightly. Microwave on high power 5 minutes.

With its woody flavor, the portobello is delicious by itself. For a quick appetizer, place chunks or slices of fresh mushroom in a dish, add a slice of lemon and a clove of garlic that has been chopped. Pour a favorite Italian salad dressing over it and let the mixture stand about an hour. Drain any dressing not absorbed. Microwave, covered, on high power 1½ to 2 minutes for each mushroom used. Serve alone or on crackers.

For an elegant main dish,

try Linguine with Portobello Mushrooms and Shrimp. Microwave-easy, it will have guests singing the cook's praises in Italian. Betty Serati specializes in microwave cooking.

LINGUINE WITH PORTOBELLOS AND SHRIMP

- 1 lb. uncooked linguine
- ¾ cup (1½ sticks) butter
- 6 portobello mushrooms, cut in ½ inch chunks
- 2 cloves garlic, chopped
- 3 cups half-and-half
- 1½ cups grated parmesan cheese
- 1 lb. cooked, peeled shrimp, thawed if necessary
- ½ cup tomato sauce
- 1 tsp. basil
- Salt and pepper to taste

Prepare linguine according to package directions. Stir ½ cup butter into drained pasta.

In glass casserole, place remaining ¾ cup butter, portobello mushrooms and garlic. Microwave on high power 8 to 10 minutes until tender.

Combine linguine, mushrooms, half-and-half, parmesan cheese, shrimp, tomato sauce, basil, salt and pepper. Blend well. Place in large glass casserole dish. Cook on medium-high (70 percent) power 8 to 10 minutes until hot.

CHICKEN MIGNON

- 8 chicken breast halves, skinned, boned
- 8 slices bacon, partially cooked
- 1 small jar dried beef
- 1 cup (8 oz.) sour cream
- 1 can (10½ oz.) cream of mushroom soup

¼ cup white wine
Hot cooked rice

Preheat oven to 325°.

Line baking dish with dried beef.

Roll up chicken breasts. Wrap each with bacon. Pas-

ten with toothpicks. Place on dried beef.

Mix sour cream, soup and wine. Spoon over each bundle. Bake in preheated oven 1½ hours.

Serve on bed of rice. Makes 8 servings.

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Today's Food

Beef roast under wraps holds secret of success

Nothing smells or tastes better from the kitchen than the comforting, traditional, home cooking ingredients to America's heartland. Beef roast ranks at the top of a list of favorites.

Cookbook author Abby Mandel garnered appreciation for such a dish, Beef Rump Roast with Roasted Onion Sauce, which she served guests at the sixth annual James Beard Foundation Awards reception last year in New York City, to showcase recipes from her and her peers' award-winning books. Her recipe is adapted from her latest book, "Celebrating the Midwestern Table" (Doubleday, 1996).

Part of the appeal of this recipe is cooking it in 1-2-3 easy. First, a boneless beef rump roast or brisket seasoned with garlic, dry mustard and pepper is placed in a shallow aluminum foil-lined pan with onion and more garlic. Next, a small amount of water is added. The foil is sealed around the roast so it can simmer gently in the oven to fork-tenderness.

Absolutely no attention is needed while the beef is in the oven. The braising process develops flavor and tenderness in the beef, while intensifying other flavors in the dish.

The garlic and onions are

pureed to make a savory sauce to serve with the beef. At the reception, Mandel served the beef thinly sliced with the onion sauce on warm homemade biscuits alongside peppery sweet-and-sour cabbage slaw.

It is a great party idea to do at home, too. Make biscuits from scratch or use the refrigerated kind. Brush the biscuit tops lightly with melted butter and sprinkle with coarsely ground pepper to add flavor and flair. Coleslaw can be bought or homemade. Marinated vegetables and fresh fruits make colorful and tasty accompaniments for the sandwiches.

For a Sunday dinner, stick to tradition. Serve the beef and onion sauce with mashed potatoes and baby carrots for equally delicious results.

BEEF RUMP ROAST WITH ROASTED ONION SAUCE

- 4 lb. boneless beef round rump roast or beef brisket, flat cut
- 12 large cloves garlic, peeled
- 2 medium sweet onions, halved, thinly sliced

- 1 cup water
- 1 large clove garlic, crushed
- 1 1/2 tsp. paprika
- 1 tsp. salt
- 1 tsp. dry mustard
- 1/2 tsp. pepper

Preheat oven to 350°.

Combine crushed garlic, paprika, salt, dry mustard and pepper. Press into all sides of roast.

Line shallow roasting pan with heavy-duty aluminum foil, extending foil beyond sides of pan to enclose beef completely.

Arrange half the onions and garlic in foil-lined pan. Place roast on top. Cover with remaining onions and garlic. Carefully pour water around roast.

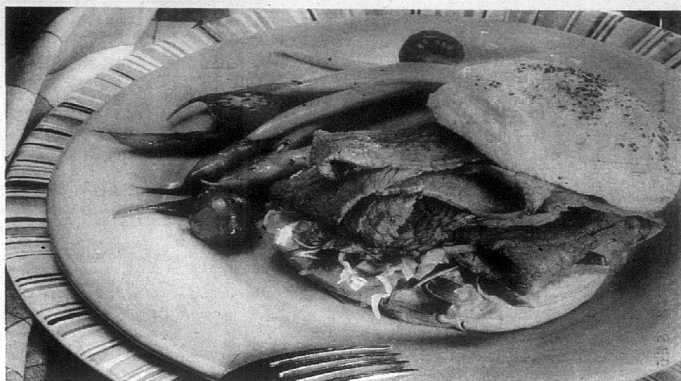
Bring up foil flaps and crimp edges together to seal. Cook 4 to 4 1/2 hours until beef is fork-tender. Be careful of steam when unwrapping foil.

Remove beef and keep warm. Strain pan juices, reserving both liquid and solids.

Puree garlic and half the onion in food processor. Add 1 1/4 cups cooking liquid through tube with motor running.

Place pureed mixture in small bowl. Stir in remaining sliced onion.

Carve beef in thin slices. Serve with onion sauce. Makes 6 to 8 servings.



Tender and delicious, a slowly lusciously cooked beef roast offers a meal of easy enjoyment.

AFTER-SCHOOL MAPLE SMOOTHIE

Combine 1 cup ice cubes, 1 cup plain yogurt, 1/2 cup milk, 1/2 cup pancake syrup and 1 banana in blender or food processor. Blend until smooth and thick.

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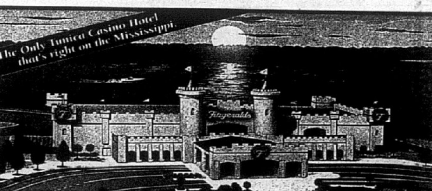
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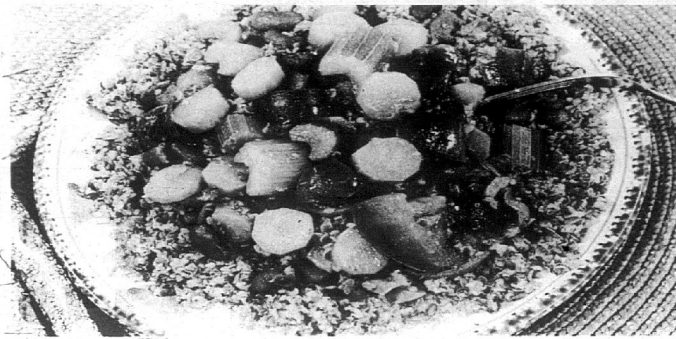
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Today's Food



The more, the merrier when it comes to color and flavor from vegetables in low-meat or meatless meals.

Good Health

By MELANIE POLK

Vegetables and grains lead to better nutrition

March is National Nutrition Month. While opinions differ over what is the healthiest way to eat, many experts agree efforts should be directed toward more plant-based foods. This recommendation does not mean everyone should become a vegetarian, but many Americans consume too much fat and protein, and not enough fruit, vegetables and whole grains. As a result, they have a higher risk for health problems, ranging from obesity to cancer. A few dietary changes could reduce this risk dramatically.

Moving grains, vegetables and legumes to the center of the plate is not difficult, especially if changes are initiated gradually. Many people are closer than they think, especially if they have followed the trend toward eating more ethnic cuisines with an emphasis on a wide variety of whole grains and fresh produce. Time savers prewashed and chopped fresh fruits and vegetables available in many stores — also may be part of the daily routine.

To move toward more plant-based foods, start by limiting servings of meat, poultry and seafood to three ounces (cooked weight) which is about the size of a deck of cards after bone and skin are removed. After that, fill the rest of the plate with larger

portions of vegetables, fruits and grains.

To reduce meat portions further, create main dishes that use small pieces of meat mixed with lots of vegetables and grains. Reducing the amount of meat in chili while increasing the beans and tomatoes is hardly noticeable.

The same method works well with stir-fry, pasta, burritos, casseroles and main-dish salads. Meat alternatives, such as dried beans, tofu or a moderate amount of nuts and seeds, help boost nutrition and add texture to these meals.

Plan one or two meatless meals each week. To get enough protein, iron and zinc, be sure to include a low-fat dairy product or meat alternative.

The heartiness of fiber-rich Bulgur Vegetable Chili won't leave people asking, "Where's the meat?"

For a free brochure with menus and recipes that follow the American Institute for Cancer Risk dietary guidelines to lower cancer risk, send a self-addressed, stamped, business-size envelope to: AICR, Department MR, Washington, D.C. 20069.

Registered dietitian *Melanie Polk* is director of nutrition education for the AICR in Washington.

BULGUR

VEGETABLE CHILI

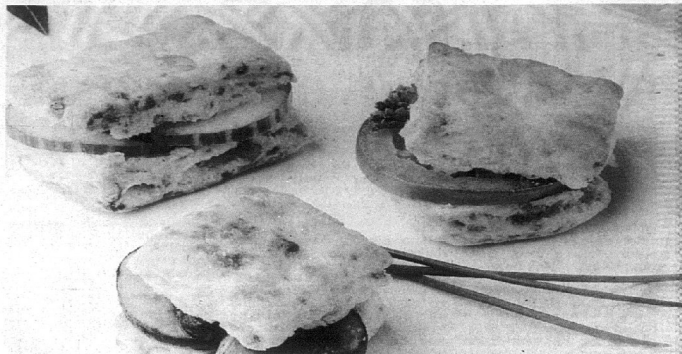
4 cups tomato juice
1½ cups bulgur
2 cloves garlic, minced
1 cup chopped onion
2 or 3 ribs celery, chopped
2 or 3 carrots, chopped
2 tsp. cumin
2 tsp. basil
2 tsp. chili powder
¼ tsp. salt
¼ tsp. black pepper
1/8 tsp. cayenne pepper
2 tbsp. oil
1 large green bell pepper, chopped
1½ lb. tomatoes, seeded, chopped
1 can (15 oz.) kidney beans
1 can (15 oz.) salt-free tomato sauce
2 tbsp. lemon juice

Bring tomato juice to boil. Add bulgur. Remove from heat. Soak, covered, 15 minutes.

In large saucepan, sauté garlic, onion, celery, carrot, cumin, basil, chili powder, salt, black and cayenne pepper in oil. Add bell pepper. Simmer until tender.

Stir in tomato, beans, tomato sauce, lemon juice and bulgur mixture. Simmer 5 minutes or until heated through.

Serve chili with bread sticks or low-fat crackers. Makes 12 servings, 161 calories and 3 g fat each.



Blue Cheese Appetizer Biscuits wrap around sliced cucumber, ripe tomato and gently cooked mushrooms.

Biscuits prove South could rise once again

Biscuits are a cornerstone of southern cookery. Because of this grand reputation, many home cooks falsely assume homemade biscuits are difficult to make. Actually, once the technique is mastered, this simple dough provides a foundation for a world of favorites, like dumplings, cobblers, scones, flavored biscuits, casseroles and shortcake.

Traditional biscuits of the South contain only three ingredients — self-rising flour, shortening and milk. The basic recipe is varied endlessly by substituting ingredients like lard or butter for shortening, liquids like egg, buttermilk and sour cream for the milk, or adding extras, like sugar, cheese, raisins and nuts.

Altering the proportions also makes a difference. For example, recipes for biscuits and dumplings that are dropped, not rolled, require more liquid for a softer dough.

Adding one ingredient to a basic biscuit changes its character completely.

Blue Cheese Appetizer Biscuits simply have crumbled blue cheese stirred into the dough. Ideal for entertaining, they are delicious at room temperature and can be made hours before guests arrive.

Serve the tender biscuit squares plain or as carriers for all kinds of fillings beyond the usual ham or sausage patty. Split and spread them with mayonnaise and fill with thinly sliced fresh cucumber, tomato, sweet onion or roasted red pepper. Buttery

sauteed mushrooms make a warm accent. Another time sandwich paper-thin slices of turkey breast and ripe pear or apple between the biscuit halves.

The scone, Scotland's wedge-shaped biscuit served with breakfast or tea, is a regular on many American breakfast menus. Simply a biscuit made richer, Golden Raisin Scones — with butter, egg and buttermilk — boast a pleasantly sweet tartness. They are heavenly spread with jam and served with hot fresh coffee.

BLUE CHEESE APPETIZER BISCUITS

2 cups self-rising flour
¼ cup (½ stick) butter or margarine, softened
1 cup (4 oz.) crumbled blue cheese
¾ cup milk
About 2 tbsp. butter or margarine, melted

Preheat oven to 450°. Grease large baking sheet.

In large bowl, using pastry blender or 2 knives, cut ¼ cup butter into flour until mixture resembles coarse crumbs. Add blue cheese. Stir gently. Stirring with fork, add enough milk to make soft, moist dough and mixture leaves side of bowl.

On lightly floured surface, knead gently just until smooth. Roll ¼-inch thick. Using sharp knife or pizza cutter, cut in 1½-inch squares.

Place biscuits on pre-

pared baking sheet. Bake in preheated oven 10 to 12 minutes until light golden brown. Brush hot biscuits with melted butter.

Yields 34 to 36 biscuits.

GOLDEN RAISIN SCONES

2 cups self-rising flour
½ cup (1 stick) butter or margarine, softened
1 cup golden raisins
2 tbsp. sugar
¾ cup buttermilk
1 egg, separated
Sugar for topping

Preheat oven to 375°. Grease large baking sheet.

In large bowl, using pastry blender or 2 knives, cut butter into flour until mixture resembles coarse crumbs. Stir in raisins and 2 tablespoons sugar.

In cup, measure buttermilk. Using fork, beat in egg yolk until blended. Continuing to stir, add enough buttermilk mixture to flour to make soft dough and mixture leaves side of bowl.

On lightly floured surface, knead gently just until smooth. Cut dough in half. Form each half into smooth ball and pat into 6-inch circle on greased baking sheet. Cut in 6 wedges, but do not separate.

In small bowl, beat egg white with fork. Brush top of scones with egg white. Sprinkle with sugar.

Bake in preheated oven 18 to 20 minutes until golden brown. Yields 12 scones.

Support groups have been in existence for many years. They can become a vital and positive influence in the lives of both patients and those who care about them. By providing information about their disease and how to live with it, support group members can create a better working partnership between patient and physician.

Memorial believes that support groups provide an opportunity for patients, along with their families and friends to discuss uncertainties and learn to place them in perspective. Better than any other technique, talking in a support group with people who share common problems, helps them understand that they are not alone.

The following is information about Memorial-sponsored support groups. For more information about these groups, call the Community Relations Department at 257-5649.

DIABETES

A mutual support group comprised of people with diabetes, their families and people who have had their lives affected by diabetes. Meetings are held on the fourth Monday of every month from 9 to 11 a.m. in the hospital auditorium.

FIBROMYALGIA SYNDROME

This support group is for people with fibromyalgia syndrome (FMS) and their families. FMS is considered to be a widespread musculoskeletal pain and fatigue disorder for

which the cause is still unknown. Meetings are held on the third Tuesday of each month from 7 to 9 p.m. in the auditorium.

HOPE

Hospital Oncology Patient and Family Education was formed to assist cancer patients, former cancer patients and people who have their lives affected by cancer. The HOPE group meets the last Thursday of each month at 1 p.m. in the auditorium.

Support Groups

at
MEMORIAL
HOSPITAL



4500 Memorial Drive
Belleville, Illinois 62226
(618) 233-7750

LUPUS

This support group is affiliated with the Illinois and Missouri Chapters of the Lupus Foundation of America. Meetings are held offering information and insight for coping with lupus on the third Tuesday of each month (except June - September) at 7:30 p.m. in the hospital auditorium.

MENDED HEARTS, INC. - BELLEVILLE CHAPTER

Mended Hearts is a volunteer organization consisting of people who have heart disease, their families, medical professionals and other interested people. Additionally, Mended Hearts members form a support group for one another, contributing emotional backing to recovering patients and their families. For more information, call Memorial's Social Service Department at 257-5420.

NU-VOICE

Conducted in cooperation with American Cancer Society, the Nur-Voice Club is for laryngecto-

mees - people who have had their voice boxes (larynxes) removed. Family members and friends are encouraged to attend. For more information about meeting dates and times, call the Speech Pathology Department at 257-5255.

PULMONARY REHABILITATION

A group for people with diseases of the lung and their families. Individuals with chronic lung disease and their families learn about the disease, as well as share ideas and solutions to their problems. Meetings are held on the last Wednesday of the month (except June - August) at 1:30 p.m. in the auditorium.

YOUNG ADULT CANCER

This mutual support group was formed for young adults with cancer and their significant others who are affected by the disease. Meetings are held on the fourth Tuesday of every month at 7 p.m. in the auditorium.

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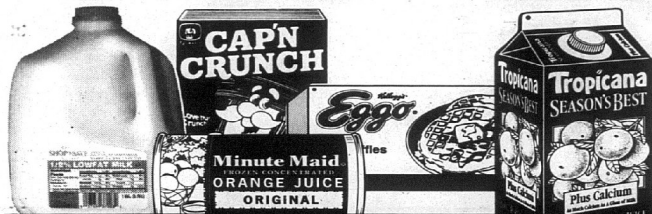
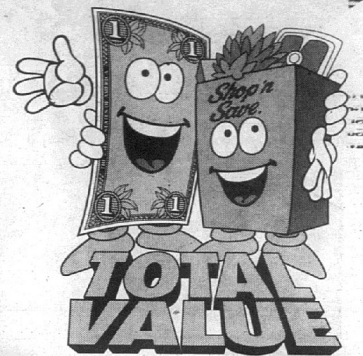
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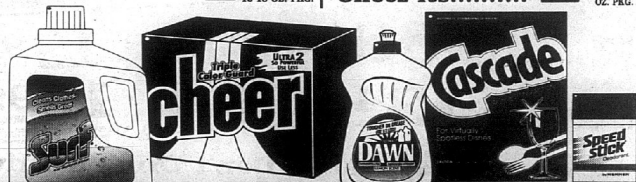
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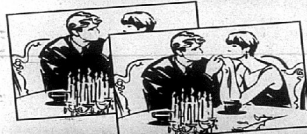
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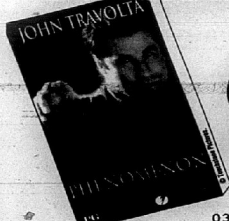
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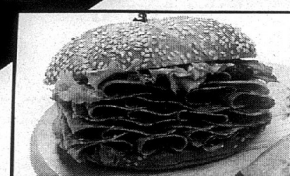
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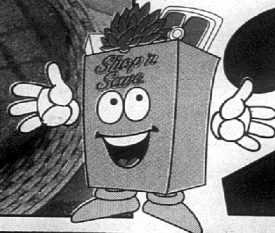
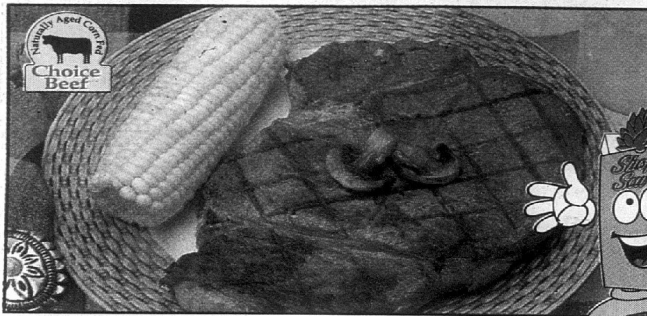
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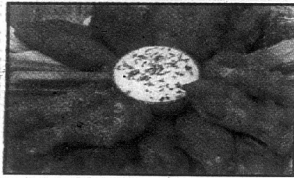
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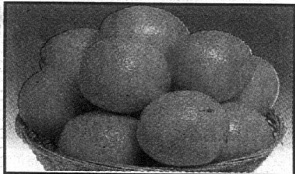
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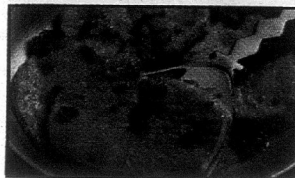
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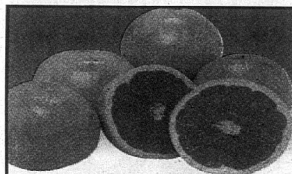
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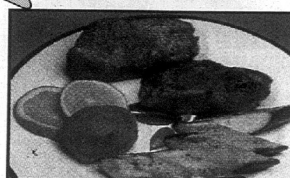
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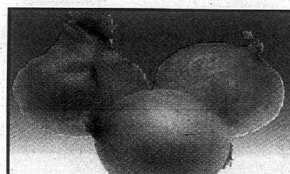
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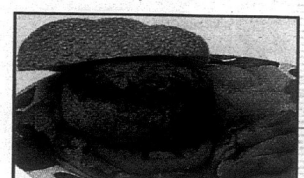
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PRICES GUARANTEED THRU MARCH 8, 1997
AT ALL ST. LOUIS METRO STORES ONLY
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LOCAL OFFICE HOURS:

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Monday - Friday
Closed
Saturday & Sunday

Hours: Monday-Friday 8 am-5:00 pm • Closed Saturday & Sunday

1-800-766-FAST (3278)

For Commercial Rates Call 877-7700. Help Wanted 876-2000.



TRANSPORTATION



EMPLOYMENT



NOTICES



SERVICES



MERCHANDISE



REAL ESTATE



RENTALS

HOW TO...

PLACE AN AD

There are four easy ways to place your ad. **Bring it:** 1815 Delmar Ave., Granite City, IL 62040.

Phone it: Call 877-7700 or dial 876-2000.

Phone lines are open from 8 a.m.-5:00 p.m. Monday through Friday.

Fax it: Send your ads directly to our Classified Fax Center at 818-876-4240. We'll call you back for confirmation.

Mail it: Send your ads to: Classified, Granite City Press Record Journal, 1815 Delmar, Granite City, IL 62040.

PAY FOR AN AD

You will be billed immediately following last run date. You may pay in person, through the mail, or over the phone or fax. We accept cash, check, or credit cards (MC/Visa/Discover). When paying over the phone, please have your credit card ready. We'll call you back for confirmation. Please do not send cash through the mail. Some ads require prepayment.

WRITE AN AD

Capture the reader's attention with larger headlines, bold type, and symbols. Tell them up front what you're selling or seeking. Describe what is unique about your item, adding details such as color and condition. Avoid abbreviations; they make your ad harder to read and therefore less effective. Include your number and the hours you are available. Always include the price; it will increase your response.

CANCEL AN AD

Deadlines for ad cancellation are identical to deadlines for ad placement. You may cancel an ad in person or over the phone. To cancel an ad, phone 877-7700.

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PERRY STUBBINS
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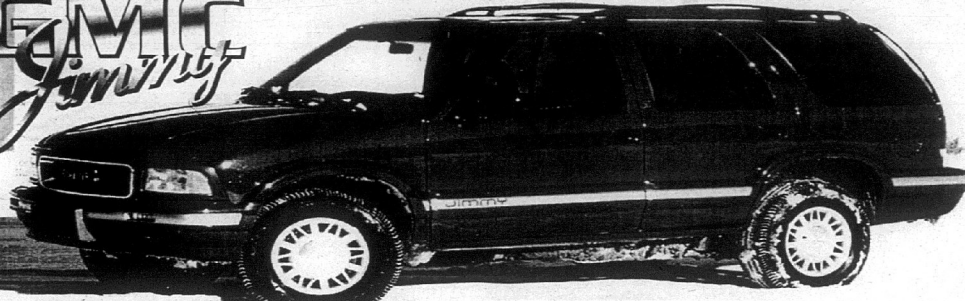
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451-0012

CHRIS MILES
451-7474

JUDITH LUX
876-1454

AUTOMOTIVE

GMC
Jimmy



Small SUV feels right on city streets or leading you out of the wilderness

By Tom Strongman

Like manna from heaven, GMC's compact Jimmy sport-utility vehicle (SUV) dropped into my driveway just two days before our heaviest snowstorm of the year smacked us with about 8 inches, and its presence was a blessing.

When other folks were slipping, sliding and struggling just to get out of their driveways, the Jimmy delivered me to work as easily as if the streets were dry. Although plows piled snow knee-high in front of my drive, the Jimmy waltzed through with hardly a whimper.

As other test cars sat idle in my driveway under a blanket of snow, the Jimmy and I were constant companions. Punching the four-wheel drive button up the dash gave me instant mobility as I traversed streets littered with cars that couldn't slither any farther uphill.

This experience boosted my appreciation for SUVs and four-wheel drive. Granted, driving an SUV all year long just so you can mush through a couple of days of snow is costly, in terms of both initial price and fuel consumption. But there is added security in knowing your vehicle can carry you safely regardless of the weather. They are tall and you sit up high, providing an excellent view of the road, which appeals to many women. That, plus a sense of invincibility, explains why these civilized trucks are so popular.

Their go-anywhere nature can be deceptive, however, because they don't really stop any better than other vehicles. Driven too fast, they can slide out of control, but use your head, be cautious and they ease much of the winter's worry off your mind.

The Jimmy and its nearly identical twin, the

Chevy Blazer, are built on a 107-inch wheelbase, which is 4 inches shorter than a Ford Explorer. The inside space is roughly the same, but total cargo volume is smaller.

For 1997, the Jimmy gets mostly incremental improvements that are intended to heighten its luxury image and move it upscale from the Chevrolet, such as the gold highlights on the wheels and various trim pieces.

More functional changes include the following: The new top-pivoting tailgate has a glass window that opens separately to ease loading of smaller things such as grocery sacks and duffel bags.

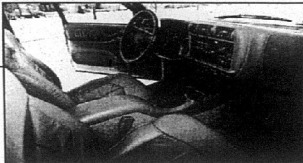
A power sun roof is optional. A HomeLink transmitter built into the overhead console memorizes your garage door or security gate codes.

All automatic transmission models come with bucket seats, floor shift and a console that has two large cup holders and a rubber-covered storage tray.

Four-wheel disc brakes, with anti-lock, are now standard on all four-wheel-drive models. Bilstein gas shock absorbers have been added to soften the ride and give a European feel.

The 4.3-liter V-6 engine pumps out 190 horsepower and is mated to a four-speed automatic transmission. Although this engine is not the quietest, a new accessory drive and single serpentine belt reduce noise and vibration.

The electronic, shift-on-the-fly four-wheel-drive system is a joy. When the need for more traction arises, a simple touch of a button on the dash is all



it takes. In more than 6 inches of snow traction was superb, considering it was equipped with street tires. The street tires ride quietly and smoothly on the dry pavement, which prevails most of the year. Engaging low-range requires a complete stop, but that's no big deal.

The radio and climate controls share the same panel, with the heating/cooling knobs located farthest from the driver. I would move the climate control closer to the driver and give the radio larger, simpler controls such as those in the Cadillac Catera.

There is no passenger-side air bag, although that may be beneficial to those who want to use a child-safety seat in front.

Changes for 1997 hint at the added luxury which will come next year as GMC differentiates its products from Chevrolet and Oldsmobile.

The base price of our test car was \$24,362, and it had more than \$5,000 worth of options, including the SLT package, power windows, power door locks, power outside mirrors, tilt wheel, cruise control, AM/FM stereo with CD player, power sun roof, trailer-towing package and the Gold Edition group. Its sticker price was \$29,931.

The basic warranty is for three years or 36,000 miles. Point: Four-wheel drive is a blessing when the weather turns bad, and the Jimmy's electronic system is a snap.

Counterpoint: It tackles snow like it was wearing snowshoes, but stopping still takes extra care, even with anti-lock and four-wheel drive.

Buckling up Keep kids safe when driving

By Rick Stoff

It's easy to buckle a child into a seat belt or safety seat when getting into a motor vehicle, and it's too dangerous not to.

From 600 to 700 children up to 5 years of age are killed in car and truck crashes in the U.S. each year. The National Highway Traffic Safety Administration has reported that 56 percent of the children who died in 1996 crashes were not buckled up.

In Missouri, the state highway patrol recorded 20 fatalities of children ages 5 or younger in 1996. Only two of those who died were restrained by seat belts or a safety seat.

Child-safety seats now are required by all 50 states and the District of Columbia, said Capt. C.A. Greeno of the Missouri State Highway Patrol. Missouri law requires that children under age 4 traveling in any type of motor vehicle, except a "public carrier for hire," be buckled into an approved child safety seat.

Failure to comply with the law can result in a fine and court costs or criminal charges if an unbuckled child is injured.

An approved child seat is one that meets Federal Safety Standard 213. Approved seats should bear this certification on their labeling.

Seats also must be used correctly—this may require that some time be devoted to studying the instructions and figuring out how the seat is supposed to be used in your vehicle. The National Highway Traffic Safety Administration has found that up to three-quarters of child seats are not used properly, meaning their effectiveness could be impaired if an accident occurred.

NHTSA observes National Child Safety Awareness Week in February to attract attention to the dangers facing children in motor vehicles.

The highway patrol points out that child seats are made in different types for different sizes of children. Some seats may not fit all cars or trucks.

Booster seats and shoulder-belt adjusting devices are made to help larger children ride in greater comfort and safety. The booster seats place children slightly higher in the seat so they can wear adult shoulder belts. Other devices hold the shoulder belt across the child's shoulder and chest. Shoulder belts never should be allowed to cross a child's face or neck.

When it is at all possible children should be buckled into the back seat, especially in vehicles equipped with a passenger air bag. If it is necessary for a child to ride in the front seat, the vehicle owner's manual and safety seat directions should be read carefully.

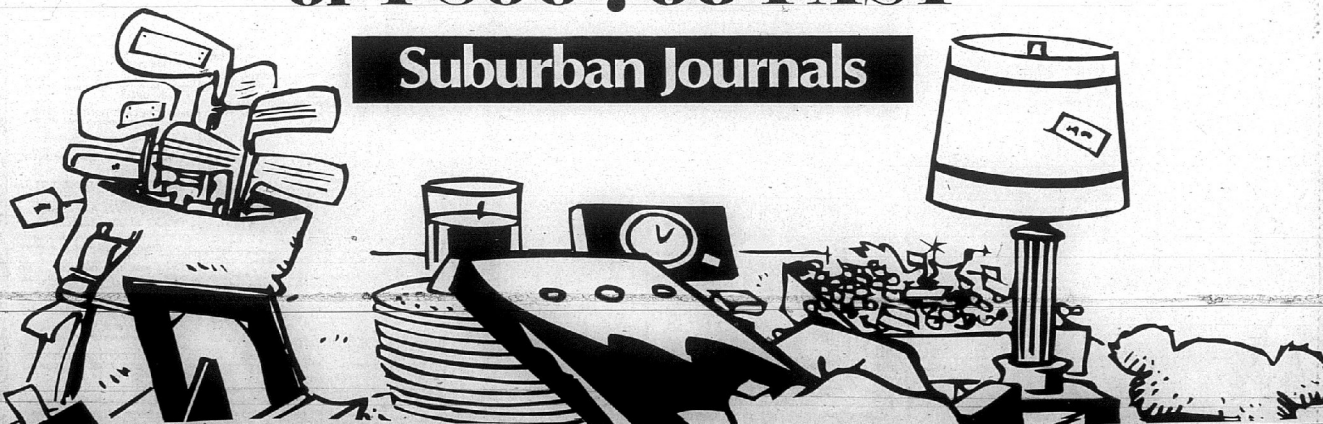
Assistance in determining the proper use of a safety seat is available by calling the Office of Injury Control at the Missouri Department of Health at (573) 751-6365 for referral to a state safety trainer. Information also is available from the public information and education officer at area highway patrol troop headquarters.

Some children may not like to sit still in a safety seat or seat belt. But if they are buckled in from infancy and see parents and siblings buckled in too, they won't realize there is any other way of riding.

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Suburban Journals



Movie schedule

Film timetable for Wednesday, March 5. For times on other days or to confirm these times, check local theaters.

ALTON CINE

2640 Clair St., 482-1131
Boat Race (PG-13) 5:15, 7:30
Boat Race (PG-13) 5:30, 7:15

AVOLON

4225 S. Kingshighway, 552-2424
Space Jam (PG) 5:00
My Fellow Americans (PG-13) 7:00
Ransom (R) 9:15

CHESTERFIELD

888 Chesterfield Mall, 532-0155
Jerry Maguire (R) 5:15, 8:05
Vegas Vacation (PG) 5:55, 8:10
Marvin's Room (PG-13) 8:45, 7:55
Absolute Power (R) 5:30, 8:00

CLARKSON 6 CINE

1785 Clarkson Road, 822-4900
Fools Rush In (PG-13) 1:10, 4:50, 7:15, 9:45
Dante's Peak (PG-13) 1:30, 4:20, 7:20, 9:50
Star Wars (PG) 1:20, 5:00, 7:45, 10:20
That Dam Cat (PG) 1:40, 4:30, 6:30, 9:20
Evita (PG) 8:30
The Empire Strikes Back (PG) 1:00, 4:40, 7:25, 10:10
Booby Call (R) 1:10, 5:10, 7:30, 9:30

CARMIKE PETITE

I-70 and Hwy. 157, Collinsville, 344-1708
The Empire Strikes Back (PG) 7:00, 9:45
Vegas Vacation (PG) 7:15, 9:15
Star Wars (PG) 7:00, 9:30
Absolute Power (R) 7:00, 9:30

CRESTWOOD PLAZA 10

248 Crestwood Plaza, 988-8500
The Empire Strikes Back (PG) 1:30, 4:15, 7:00, 9:45
The Empire Strikes Back (PG) 2:10, 5:45, 8:30
That Dam Cat (PG) 1:55, 5:00
Scream (R) 8:20
Absolute Power (R) 1:45, 5:35, 8:10
Donnie Brasco (R) 2:05, 5:30, 8:05

Jerry Maguire (R) 2:00, 5:40, 8:25
Lost Highway (R) 2:15, 5:50, 8:25
Rosewood (R) 2:15, 5:30, 8:30
Secrets and Lies (R) 1:40, 5:20, 8:20
The English Patient (R) 1:30, 5:00, 8:15

CREVE COEUR CINE

10570 Old Olive Street Road, 822-4900
Donnie Brasco (R) 5:15, 8:00
Hard Eight (R) 5:30, 7:45
That Dam Cat (PG) 5:00, 6:45
The English Patient (R) 8:30

CROSS KEYS CINE

110 Cross Keys Shopping Center
Lindbergh & New Halls Ferry, 821-8899
Space Jam (PG) 5:00
Ransom (R) 7:00
One Fine Day (PG) 9:20
Star Trek: First Contact (PG-13) 4:45
My Fellow Americans (PG-13) 7:15
The Mirror Has Two Faces (PG-13) 9:15

DES PERES 14 CINE

Manchester & I-270, 822-4900
Absolute Power (R) 1:00, 4:05, 7:00, 9:35
Rosewood (R) 12:50, 4:00, 6:50, 9:40
Jerry Maguire (R) 12:45, 4:40, 8:00
Vegas Vacation (PG) 12:20, 4:45, 7:30, 9:45
That Dam Cat (PG) 12:50, 5:15, 8:15
The Empire Strikes Back (PG) 12:00, 4:30, 7:15, 10:00
Fools Rush In (PG-13) 12:40, 4:20, 7:20, 9:50
Dante's Peak (PG-13) 12:35, 4:35, 7:35, 9:25

EASTGATE CINE

Eastgate Plaza, E. Alton, 254-5289
Absolute Power (R) 4:30, 7:15
Dante's Peak (PG-13) 5:00, 7:30
That Dam Cat (PG) 4:30, 6:45
Star Wars (PG) 4:15, 7:15
The Empire Strikes Back (PG) 4:00, 7:00
Dante's Peak (PG-13) 5:15, 7:45

COTTONWOOD EDWARDSVILLE CINE

Edwardsville, Ill.
That Dam Cat (PG) 4:45, 7:30, 9:30
Dante's Peak (PG-13) 4:15, 7:00, 9:45

The English Patient (R) 4:30, 8:00
ESQUIRE CINE
6781 Clayton Road, 781-3300
Vegas Vacation (PG)
Dante's Peak (PG-13)
Absolute Power (R)
The Empire Strikes Back (PG)
Star Wars (PG)
Rosewood (R) Check theater for times

EUREKA 6 CINE

590 Hilltop Village Center, 822-4900
Star Wars (PG) 5:00, 7:45
Absolute Power (R) 5:05, 7:40
The Empire Strikes Back (PG) 5:20, 8:00
Booby Call (R) 5:15, 7:50
Dante's Peak (PG-13) 5:25, 8:05
Fools Rush In (PG-13) 5:30, 7:55

GALLERIA 6

30 St. Louis Galleria, 731-8722
Donnie Brasco (R)
Jerry Maguire (R)
Marvin's Room (PG-13)
Fools Rush In (PG-13)
Booby Call (R)
Shine (PG-13) Check theater for times

HALLS FERRY 14 CINE

2800 Target Drive, 822-4900
Fools Rush In (PG-13) 5:20, 7:45, 10:05
Star Wars (PG) 4:30, 7:20, 10:10
Vegas Vacation (PG) 5:00, 7:10, 9:25
The Empire Strikes Back (PG) 5:00, 7:45, 10:30

IRVING 14 CINE

Absolute Power (R) 4:15, 7:00, 9:40
Dangerous Ground (R) 5:10, 7:40, 9:45
Donnie Brasco (R) 4:20, 7:10, 9:50
Rosewood (R) 4:50, 7:45
That Dam Cat (PG) 4:30, 6:30, 9:30
Booby Call (R) 5:20, 7:30, 9:30
Ransom (R) 4:50, 8:00, 10:00
Dante's Peak (PG-13) 5:00, 7:25, 9:55
Jerry Maguire (R) 4:30, 7:30
Marvin's Room (PG-13) 4:45, 7:05, 9:20

KELLER PLAZA 6 CINE

Lamoy Ferry & Main Avenue, 822-4900

Absolute Power (R) 5:10, 7:45, 10:15
That Dam Cat (PG) 12:15, 5:00, 7:20
Vegas Vacation (PG) 12:45, 5:40, 7:40
Dante's Peak (PG-13) 12:30, 5:20, 7:50
Star Wars (PG) 12:20, 5:30, 8:15
The Empire Strikes Back (PG) 12:00, 5:15, 8:00
Beverly Hills Ninja (PG-13) 7:30
The Relic (R) 7:50

KENRICK 6 CINE

7505 Watson Road, 822-4900
Star Wars (PG) 12:45, 4:30, 7:15, 9:50
Fools Rush In (PG-13) 1:20, 5:00, 7:30, 9:55
Shine (PG-13) 1:15, 4:45, 7:00
Evita (PG) 8:30
Booby Call (R) 1:25, 5:10, 7:00, 9:00
Vegas Vacation (PG) 1:00, 4:20, 7:10, 9:35
Marvin's Room (PG-13) 1:30, 4:45, 7:00, 9:15
Dante's Peak (PG-13) 1:45, 4:15, 9:45
Donnie Brasco (R) 1:30, 4:50, 7:35, 10:00

KIRKWOOD CINE

318 S. Kirkwood Road, 988-1161
Check theater for shows and times

LINCOLN THEATER

101 E. Main (Belleville), 233-6123
Space Jam (PG) 7:00
Ghosts of Mississippi (PG-13) 8:50
Ransom (R) 7:10, 9:30
Fierce Creatures (PG-13) 7:15, 9:15

LINDBERGH 8

7545 S. Lindbergh, 487-0017
Star Trek: First Contact (PG-13) 5:15, 8:10
Space Jam (PG) 5:05, 7:30
Fido (R) 5:25, 7:35
Zeus & Roxanne (PG) 5:05
My Fellow Americans (PG-13) 7:30
The Mirror Has Two Faces (PG-13) 5:20, 7:55
Ransom (R) 5:00, 8:00
One Fine Day (PG) 5:10, 7:45
Ghosts of Mississippi (PG-13) 5:30, 8:05

MID RIVERS MALL

1220 Mid Rivers Dr., 278-2779

Jerry Maguire (R) 1:00, 4:10, 7:15
That Dam Cat (PG) 12:15, 5:00, 7:20
Vegas Vacation (PG) 12:45, 5:40, 7:40
Dante's Peak (PG-13) 12:30, 5:20, 7:50
Star Wars (PG) 12:20, 5:30, 8:15
The Empire Strikes Back (PG) 12:00, 5:15, 8:00
Beverly Hills Ninja (PG-13) 7:30
The Relic (R) 7:50

NORTHWEST PLAZA 9

Northwest Plaza Mall, 822-4800
Absolute Power (R) 1:45, 5:00, 7:30, 9:50
The Empire Strikes Back (PG) 1:15, 4:30, 7:00
The Empire Strikes Back (PG) 2:15, 5:30, 8:00
That Dam Cat (PG) 1:40, 4:25, 6:30
Beautiful And The Beast (PG) 8:15
Donnie Brasco (R) 1:30, 4:00, 7:45
Star Wars (PG) 2:00, 5:20, 8:00
Rosewood (R) 1:00, 4:45, 7:30
Jerry Maguire (R) 1:15, 4:45, 7:30
Scream (R) 2:15, 5:05, 8:05

PLAZA CINE 4

Troy, Mo., 828-2070
Check theater for shows and times

QUAD CINE

Belleville, Ill.
Star Wars (PG) 4:15, 7:15, 10:10
The Empire Strikes Back (PG) 4:00, 7:00, 10:00
That Dam Cat (PG) 4:30, 6:45, 9:00
Dante's Peak (PG-13) 4:45, 7:30, 9:55

REGENCY SQUARE 8

1095 Regency Parkway, 548-8000
Rosewood (R)
Donnie Brasco (R)
Absolute Power (R)
The English Patient (R)
Shine (PG-13)
Scream (R)
That Dam Cat (PG)
Evita (PG)
Jerry Maguire (R)
Marvin's Room (PG-13) Check theater for times

RITZ 3 THEATER

403 E. Main St., Belleville, 233-3536
Space Jam (PG) 8:45
Ghosts of Mississippi (PG-13) 7:15, 10:00
Zeus & Roxanne (PG) 7:00, 9:30

ROXANA CINE THEATER

Roxana, Ill., 254-4746
Jerry Maguire (R) 7:00
St. Andrews Cinema
2025 Gateway Drive, 947-1133
Space Jam (PG) 5:00
Ransom (R) 7:00, 9:30

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Beautiful and prior reduced! Nice little fixer-upper. Could be good rental property. Only \$8,000. LG 241.

Well maintained 2 bedroom charmer with 2 car garage. Full basement. Above ground pool - just in time for approaching summer. LG 820.

Refined and prior reduced! Nice little fixer-upper. Could be good rental property. Only \$8,000. LG 241.

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R3540, STONEBROOK: Large artium ranch with over 6000 sq. ft. of living area. Numerous upgrades throughout. This home is on one large lot. Call Jeff Smith at 556-8300 or page 333-7070. \$179,900.

R3540, KINGSBROOK: Beautiful 2 story home with 3 BR, 2 1/2 baths, formal DR & LR, gourmet kitchen w/breakfast area, 2 car garage, and more. Buy all details call Don Whitehead at 338-9645 or Shirley Smith at 341-2456. \$184,500.

R3501, ESI: Super floor plan in this 3 BR, 1 1/2 story home featuring 3 car garage, family room, formal DR, large kitchen - breakfast area, 1st floor laundry, full basement & more. Call Don Whitehead at 288-5578 or page 338-9645. \$147,200.

R3542, STONEBROOK: New ranch plan features 9 ceilings in walkout basement, 2 car garage, 2 car garage, bay windows & more. Call Rick Anderson at 341-9752. \$152,000.

R3522, LOOKING FOR QUALITY & LOCATION? 34 BR home with a lot to offer. Living room w/ fireplace, formal DR, large kitchen, sun room overlooks yard w/woods in rear & more. Call Betty Trent at 377-3032 or page 338-3745. \$138,500.

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